

TRAUMA-INFORMED BEHAVIORAL HEALTH CERTIFICATE (Expressive Arts and Equine-Assisted)



The School of Social Work offers a graduate-level certificate in Trauma-Informed Behavioral Health (TIBH). Leading practitioners across disciplines have adopted a trauma-informed lens that incorporates a deep understanding of the types and impact of trauma on neurobiology, behavioral health and relationships. Our certificate is grounded in trauma-informed behavioral health practices.

WHAT ARE THE EXPRESSIVE ARTS?

The expressive arts combine the visual arts, drama, music, writing, movement, nature-based interventions and other creative processes to foster healing, personal growth, learning and community development.



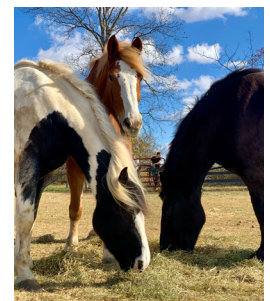
TRACKS

EXPRESSIVE ARTS TRACK

Informed by national standards related to the practice of the expressive arts, this curriculum will provide students with knowledge and skills related to the use of visual, classic, fine and applied arts to practice professionally with diverse clients and groups at all levels (micro, mezzo, macro) of practice.

EQUINE-ASSISTED THERAPY AND LEARNING (EATL) TRACK

Equine-assisted strategies are widely accepted and utilized to address a variety of mental health issues, including posttraumatic stress disorder (PTSD), anxiety, depression and substance use. Benefits of equine-assisted therapy and learning transcend categories of diagnostic mental and emotional health, providing a foundation from which clients and learners can explore key relationship issues, including trust, emotional regulation, connection, empathy, communication and healthy attachment.



This curriculum will provide students with the knowledge and skills necessary to utilize equine-assisted and nature-based interventions to practice professionally with diverse clients and groups at all levels (micro, mezzo, macro) of practice.



CURRICULUM

EXPRESSIVE ARTS TRACK:

TRAUMA CONTENT, SELECT ONE:

- SOWK 640 Trauma-Informed Therapy
- ACCN 586 Trauma Institute for K-12 Educators
- SOWK 626 Traumatic Bereavement: Assessment and Intervention

METHODOLOGY CONTENT, SELECT ONE:

- SOWK 730 Qualitative Analysis
- ART 602 Qualitative Research and Arts-Based Research Methods

ELECTIVES,* SELECT TWO:

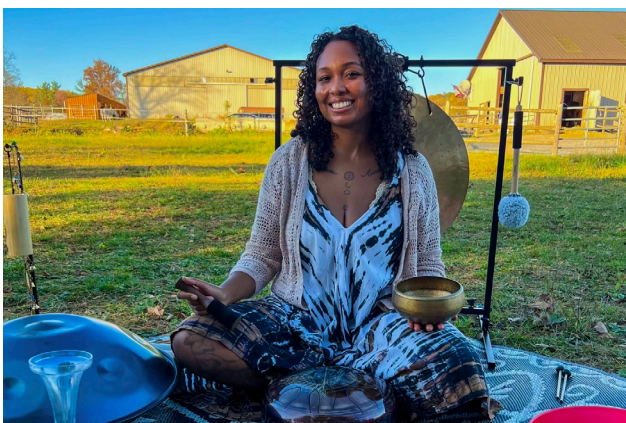
- ART 584 Studio Art for Graduate Students
- ENGL 641 Poetry
- ENGL 643 Drama
- ENGL 645 The Short Story
- ENGL 678 The Teacher as Writer I or II
- ENGL 682 Genres in Nonfiction Writing
- SOWK 609 Art Therapy

*Additional electives may be approved by Program Coordinator.

INTERNSHIP

- 250 hours of internship

Graduate Social Work students who are completing an MSW-required Practicum will collaborate with our practicum director and certificate coordinator to identify a placement that will accommodate the student's needs to complete work within the framework of the expressive arts. Students not enrolled in the MU MSW program will work with the TIBH coordinator to identify an approved expressive-arts-focused internship or equivalent expressive arts project.



EQUINE-ASSISTED THERAPY AND LEARNING (EATL) TRACK:

TRAUMA CONTENT, SELECT ONE:

- SOWK 640 Trauma-Informed Therapy
- ACCN 586 Trauma Institute for K-12 Educators
- SOWK 626 Traumatic Bereavement: Assessment and Intervention

METHODOLOGY CONTENT, SELECT ONE:

- SOWK 730 Qualitative Analysis
- ART 602 Qualitative Research and Arts-Based Research Methods

ELECTIVES, SELECT TWO:

- SOWK 640 Intro to Animal-Assisted Social Work
- EATL Equine-Assisted Therapy and Learning Institute

INTERNSHIP

- 250 hours of internship

Students will complete graduate-level practicum hours in an EATL internship at Lone Oak or at another equine setting approved by the certificate coordinator. Students enrolled in the MU MSW program will satisfy this requirement as part of their specialization year. Students enrolled elsewhere or who have completed their graduate degree will be required to complete 250 hours of practicum at Lone Oak or in an equine setting approved by the certificate coordinator.

CONTACT INFORMATION

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