


Andrew M. Bland

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EDUCATION

Ph.D., Counseling Psychology

Indiana State University (Terre Haute, IN)

2007-13

- APA-accredited program.

M.A., Psychology

University of West Georgia (Carrollton, GA)

2001-03

- Program accentuated psychology in the humanistic, existential, transpersonal, and constructivist traditions in dialogue with conventional natural science psychology. Emphasis was given to psychology as a holistic, integrative, phenomenological, multicultural, and transformative science of human experience, worldview, and action.

B.S., Psychology

University of Georgia (Athens, GA)

1996-2000

- Minor in journalism and mass communication.

LICENSE

Psychologist

- Pennsylvania #PS017689 (since 2014).

TEACHING

Associate Professor

Millersville University, Dept. of Psychology (Millersville, PA)

2014-present

- Instructor of record (* = developed new course):

Undergraduate

- *General Psychology* (PSYC 100 – both majors-only and general education sections)
- *Personality Theory* (PSYC 335)
- *Family Systems: A Psychological Approach* (PSYC 403)
- *Counseling Strategies* (PSYC 447)
- *Psychology and Creativity in Art, Music, and the Written Word* (PSYC 462 – interdisciplinary Perspectives course, including a section for students in the University Honors program)
- *Directed Projects in Psychology* (PSYC 495 – capstone field placement experience in applied psychology)

Graduate

- *Child Development in the Family System* (PSYC 530)
- *Applied Behavior Analysis* (PSYC 540)
- *Trauma Treatment: Theory, Research, and Methods* (PSYC 626 – upcoming)
- *Psychotherapy and Intervention Skills* (PSYC 631)
- *Systems of Psychotherapy* (PSYC 633)
- *Theories of Family Dynamics* (PSYC 637)
- *Existential and Humanistic Psychotherapies* (PSYC 639)*
- *Clinical Interviewing and Appraisal Skills* (PSYC 670)*
- *Cognitive, Achievement, and Adaptive Functioning Assessment* (PSYC 671)

- *Personality Assessment* (PSYC 673)
- *Career Development* (SCCN 645)

Adjunct Faculty

Xavier University, Dept. of Psychology (Cincinnati, OH) 2014

- Instructor of record:
 - *General Psychology* (PSYC 101)

Adjunct Faculty

Ivy Tech Community College, Social and Behavioral Science (Terre Haute, IN) 2010-12

- Instructor of record:
 - *Introduction to Psychology* (PSYC 101)
 - *Lifespan Development* (PSYC 201)
 - *Abnormal Psychology* (PSYC 205)
 - *Social Psychology* (PSYC 253)

Graduate Teaching Assistant

Indiana State University, Dept. of Communication Disorders and Counseling, School, and Educational Psychology (Terre Haute, IN) 2008-10

- Courses instructed:
 - *Techniques of Counseling* lab (COUN 533) – lead lab instructor
 - *Intro to Group Work* lab (COUN 615)
- Teaching assistant:
 - *Foundations of Mental Health Counseling* (COUN 434/534)

Graduate Teaching Assistant

University of West Georgia, Psychology Dept. (Carrollton, GA) 2001-03

- Course instructed:
 - *Personal Relationships* (PSYC 1030)
- Teaching assistant:
 - *Introduction to General Psychology* (PSYC 1101)
 - *Humanistic Psychology* (PSYC 2000)
 - *History and Philosophy of Psychology* (PSYC 4030/5030)
 - *Psychology of Myth and Symbol* (PSYC 4070/5070)
 - *Explorations into Creativity* (PSYC 4500/5550)

CLINICAL EXPERIENCE

(* = Supervised Training)

Licensed Psychologist

Samaritan Counseling Center (Lancaster, PA) 2016-present

- Providing individual, couples, and family therapy and psychological assessments in an outpatient counseling center.
- Participating monthly in interdisciplinary case conferences (since 2016) and periodically training clinical staff (since 2017 – specifics below). Contributed to the development of the center’s diversity statement and selection of an electronic recordkeeping system (2021).
- Population includes adults and older adults with concerns involving anxiety, mood/motivation, and trauma; interpersonal relationships; addiction (substance use, sexual, and behavioral); sexual and gender orientation; work-life balance; political angst and concerns about the effects of polarization and the pandemic; medical problems; and crises involving identity, meaning, spirituality, developmental transitions, and/or existential issues. Some clients are EAP-referred.

Doctoral Intern & Post-Doctoral Fellow***Talbert House (Cincinnati, OH)**

2012-14

- APPIC-accredited internship (2012-13) and post-doctoral fellowship (2013-14). Internship program became APA-accredited in 2015.
- Emphasis given to building competency as a generalist practitioner, integrating mental health and addictions service provision, and interdependently addressing mental health and medical concerns. Trained in acceptance and commitment therapy (ACT), mindfulness, motivational interviewing, trauma-informed care, and primary care behavioral health.
- Provided individual and family therapy and facilitated a men's interpersonal process group in an adult outpatient community mental health center serving underprivileged populations. Offered therapeutic services in a men's correctional facility. Conducted children's psychological assessment batteries and consulted with schools.
- Population included individuals with severe anxiety, mood, and personality concerns; intellectual, developmental, and medical disabilities; substance use issues; and histories of trauma, psychosis, aggression, sexual offending, sex work, and/or criminal behavior.

Doctoral Student Therapist & Intake Therapist***Hamilton Center, Vigo County Support Services (Terre Haute, IN)**

2008-12

- Provided individual and couples therapy in the adult outpatient division of a semi-rural community mental health agency. Population included adults experiencing the full spectrum of DSM disorders. Most clients were unemployed and uninsured.
- Administered personality and intelligence assessments and mental status exams for the Disability Determination Bureau, the Dept. of Child Services, and the agency's inpatient unit.
- Facilitated assault/trauma recovery and partner infidelity support groups. Provided collateral care for clients in jail and in local hospitals. Conducted screening interviews for court-ordered anger management and other forensic programs. Worked with walk-in clients in the crisis intervention center as needed.

Doctoral Practica/Supervised Fieldwork***Rose-Hulman Institute of Technology, Student Counseling Center (Terre Haute, IN)** 2010-11

- Offered individual and couples therapy, formal assessments, crisis walk-in, campus outreach, and consultation services.
- Population included emerging/young adults with Asperger's, substance abuse, severe anxiety, trauma, and psychosis in addition to the developmental and other adjustment concerns typical for a college student population.

Indiana State University, Counseling Clinic (Terre Haute, IN)

2008-10

- Facilitated interpersonal process groups for undergraduate students.
- Topics included diversity in personality and communication styles, cultural influence on personal values, and leadership.

Ivy Tech Community College, Student Counseling Center (Terre Haute, IN)

2008

- Provided individual and couples therapy, crisis walk-in, outreach, and consultation services.
- Population included non-traditional students and people with severe anxiety, mood, and personality concerns.

Expressive Therapist II and Associate Clinical Therapist III**Tanner Behavioral Health Services (Carrollton & Villa Rica, GA)**

2006-07

- Facilitated group therapy in a partial hospitalization program for children and adolescents with emphasis given to psychoeducation and expressive/experiential modalities. Also worked with adult groups as needed.

- Conducted assessments of clients' recreational pursuits, family dynamics, and spiritual development as part of the intake process. Consulted with clients' schools. Served on the community education committee.

Lead Counselor

Inner Harbour Hospital, FOCUS Program (Rockmart, GA)

2004-06

- Managed a constructive therapeutic milieu in a wilderness-based residential treatment program for adolescent sexual offenders. Provided educational assistance to children with intellectual and developmental disabilities.
- Hired, trained, supervised, and evaluated counseling staff.

PEER-REVIEWED PUBLICATIONS

- **Bland, A. M.** (In press). Research on existential-humanistic therapy. In L. Hoffman & V. Lac (Eds.), *The evidence-based foundations of existential-humanistic therapy*. American Psychological Association.
- **Bland, A. M.** (In press). Self-actualization and co-actualization. In L. Hoffman (Ed.), *APA handbook of humanistic and existential psychology, Vol. 1: History, research, philosophy, and theory* (pp. 325-347). American Psychological Association. (Invited entry.)
- **Bland, A. M.** (2025). A 15-year progress report on the presence of humanistic/existential psychology principles in mental health outcome measurement: Thematic discourse and summative content analyses. *Journal of Humanistic Psychology, 65*(1), 6-41. <https://doi.org/10.1177/00221678221077475> (Lead article. 2 studies. Originally published advance online in 2022.)
- **Bland, A. M.** (2024). Personal hero identification technique. In S. T. Allison, J. K. Beggan, & G. R. Goethals (Eds.), *Encyclopedia of heroism studies* (pp. 1539-1544). Springer. https://doi.org/10.1007/978-3-031-17125-3_365-1 (Invited entry. Originally published advance online in 2023.)
- **Bland, A. M.** (2024). Fromm-Reichmann's (1959) *real loneliness* in the contemporary United States. *Journal of Humanistic Psychology*. Advance online publication. <https://doi.org/10.1177/00221678241266372> (Invited contribution to a special feature.)
- **Bland, A. M.** (2024). Review of the book *Life-enhancing anxiety: Key to a sane world*, by K. J. Schneider. *The Humanistic Psychologist*. Advance online publication. <https://doi.org/10.1037/hum0000361>
- **Bland, A. M.** (2024). Remembering Donna Rockwell (1957-2023). *Journal of Humanistic Psychology*. Advance online publication. <https://doi.org/10.1177/00221678241251505> (Invited contribution to a collection of tributes by colleagues and friends.)
- **Bland, A. M.** (2024). I-it versus I-thou science and society: Introduction to special feature on Maslow's (1969) "Toward a humanistic biology." *Journal of Humanistic Psychology, 64*(1), 79-103. <https://doi.org/10.1177/00221678231197862>
- **Bland, A. M., & DeRobertis, E. M.** (2023). Humanistic psychology. In D. S. Dunn (Ed.), *Oxford bibliographies in psychology*. Oxford University Press. <https://doi.org/10.1093/obo/9780199828340-0225> (Invited entry. 2nd ed. Initially published in 2018.)
- **Bland, A. M., & Swords, B. A.** (2023). Eupsychian versus authoritarian leadership: Existential-humanistic underpinnings and empirical support. *Journal of Humanistic Psychology, 63*(4), 515-536. <https://doi.org/10.1177/00221678211010650> (Invited article in a special issue on eupsychia.)
- **Bland, A. M.** (2023). Review of the book *Profiles of personality: Integration, paradox, and the process of becoming* (2nd ed.), by E. M. DeRobertis. *The Humanistic Psychologist, 51*(1), 113-121. <https://doi.org/10.1037/hum0000299>
- **Bland, A. M.** (2021). The existential obituary writing technique for emerging adults: Thematic and content analyses. *The Humanistic Psychologist, 49*(3), 435-458. <https://doi.org/10.1037/hum0000176>

- **Bland, A. M., & McQueen, K. S. (2021).** Unemployment and marital quality in Great Recession America: An exploratory canonical correlation. *Journal of Humanistic Psychology, 61*(4), 516-545. <https://doi.org/10.1177/0022167818779964> (Originally published advance online in 2018.)
- DeRobertis, E. M., & **Bland, A. M. (2021).** Humanistic and positive psychologies: The continuing narrative after two decades. *Journal of Humanistic Psychology*. Advance online publication. <https://doi.org/10.1177/00221678211008353>
- **Bland, A. M., & DeRobertis, E. M. (2020).** The humanistic perspective. In V. Zeigler-Hill & T. K. Shackelford (Eds.), *Encyclopedia of personality and individual differences* (pp. 2061-2079). Springer. https://doi.org/10.1007/978-3-319-28099-8_1484-2 (Invited chapter. 2nd ed. Initially published in 2017.)
- DeRobertis, E. M., & **Bland, A. M. (2020).** From personal threat to cross-cultural learning: An eidetic investigation. *Journal of Phenomenological Psychology, 51*(1), 1-15. <https://doi.org/10.1163/15691624-12341368> (Lead article.)
- **Bland, A. M., & DeRobertis, E. M. (2020).** Maslow's unacknowledged contributions to developmental psychology. *Journal of Humanistic Psychology, 60*(6), 934-958. <https://doi.org/10.1177/0022167817739732> (Invited article. Originally published advance online in 2017.)
- **Bland, A. M. (2020).** Review of the book *Integrated care for the traumatized: A whole person approach*, by I. A. Serlin, S. Krippner, & K. Rockefeller (Eds.). *Independent Practitioner, 40*(1), 17-25. (Invited article.)
- **Bland, A. M. (2020).** Existential givens in the COVID-19 crisis. *Journal of Humanistic Psychology, 60*(5), 710-724. <https://doi.org/10.1177/0022167820940186> (Concluding article in a special issue on COVID-19.)
- DeRobertis, E. M., & **Bland, A. M. (2020).** Lifespan human development and "the humanistic perspective": A contribution toward inclusion. *The Humanistic Psychologist, 48*(1), 3-27. <https://doi.org/10.1037/hum0000141> (Lead article.)
- **Bland, A. M. (2019).** The Personal Hero Technique: A therapeutic strategy that promotes self-transformation and interdependence. *Journal of Humanistic Psychology, 59*(4), 634-657. <https://doi.org/10.1177/0022167818763207> (Originally published advance online in 2018.)
- **Bland, A. M. (2019).** Remembering Mike Arons (1929-2008): An annotated bibliography. *The Humanistic Psychologist, 47*(3), 285-315. <https://doi.org/10.1037/hum0000118> (Originally published advance online in 2018.)
- **Bland, A. M., & McQueen, K. S. (2018).** The distribution of Chapman's Love Languages in couples: An exploratory cluster analysis. *Couple and Family Psychology: Research and Practice, 7*(2), 103-126. <https://doi.org/10.1037/cfp0000102>
- **Bland, A. M. (2018).** Facilitating and assessing personal growth in helper development using Hart's (2014) *Four Virtues*. *The Humanistic Psychologist, 46*(1), 6-29. <https://doi.org/10.1037/hum0000078>
- DeRobertis, E. M., & **Bland, A. M. (2018).** Tapping the humanistic potential of Self-Determination Theory: Awakening to paradox. *The Humanistic Psychologist, 46*(2), 105-128. <https://doi.org/10.1037/hum0000087> (Lead article.)
- **Bland, A. M. (2015).** Review of the book *The divide: American injustice in the age of the wealth gap*, by M. Taibbi. *Journal of Theoretical and Philosophical Criminology, 7*(2), 137-142. <https://www.jtpcrim.org/AUGUST2015/Bland.pdf>
- **Bland, A. M., & Roberts-Pittman, B. J. (2014).** Existential and chaos theory: "Calling" for adaptability in career decision-making. *Journal of Career Development, 41*(5), 382-401. <https://doi.org/10.1177/0894845313498303>
- **Bland, A. M. (2014).** Corrective experiences in corrections counseling. *Journal of Theoretical and Philosophical Criminology, 6*(1), 46-74. <https://www.jtpcrim.org/Jan-2014/Article-2-Andrew-Bland.pdf>

- **Bland, A. M.** (2013). A vision of holistic counseling: Applying humanistic-existential principles in the therapeutic relationship. *Journal of Holistic Psychology*, 2(1), 277-282 & 334-337.
- **Bland, A. M.** (2010). The enneagram: A review of the empirical and transformational literature. *Journal of Humanistic Counseling, Education, and Development*, 49(1), 16-31. <https://doi.org/10.1002/j.2161-1939.2010.tb00084.x>
- **Bland, A. M.** (2003). *The tree of life: A theory of musical creativity and its role in personal and social development* [unpublished master's thesis]. University of West Georgia.

SUBMISSIONS UNDER REVIEW

- **Bland, A. M.** Intimacy, sexuality, and humanistic/existential psychology: Review of the book *Eros and psyche: Existential perspectives on sexuality*, by S. W. Simpson, M. Racho, B. D. Robbins, & L. Hoffman (Eds.). Manuscript submitted to the *Journal of Humanistic Psychology*; revision in progress.
- **Bland, A. M.** Hope in trust, trust in hope. Manuscript submitted to the *Samaritan Center 2024 Annual Report to the Community*.
- **Bland, A. M.** Outcome research on existential-humanistic psychotherapy. Proposal submitted for L. Hoffman (chair), *Existential-Humanistic Therapy and Evidence-Based Practice* [symposium]. Annual convention of the American Psychological Association, Denver, CO, USA.

BOOK

- **Bland, A. M., & Arons, S. M.** (Eds.). (2020). *The new-old: Recollections, reflections, and reconnoiterings of Mike Arons*. University Professors Press.

PROFESSIONAL NEWSLETTER ARTICLES

- **Bland, A. M.** (2024, December). *Les temps modernes: From the crisis of conversation in a polarized world to healing division* (Letter from the editor). *Society for Humanistic Psychology Newsletter*, 1-3.
- **Bland, A. M.** (2024, June). Reflection on humanistic psychology in light of the *Old Saybrook 3* conference. *Society for Humanistic Psychology Newsletter*, 2-6. <https://www.apadivisions.org/division-32/publications/newsletters/humanistic/2024/06/issue.pdf>
- **Bland, A. M.** (2024, April). The lightning bolt symbol for the journey toward growth. *Samaritan Counseling Center 2023 Annual Impact Report*, 10.
- **Bland, A. M.** (2023, November). Rekindling and re-visioning the humanistic vision in psychology (President's column). *Society for Humanistic Psychology Newsletter*, 3-7. <https://www.apadivisions.org/division-32/publications/newsletters/humanistic/2023/11/issue.pdf>
- **Bland, A. M.** (2023, May). *Les temps modernes: Research in humanistic psychology* (Letter from the editor). *Society for Humanistic Psychology Newsletter*, 1-3. <https://www.apadivisions.org/division-32/publications/newsletters/humanistic/2023/05/issue.pdf>
- **Bland, A. M.** (2023, May). Reflection on the 2023 SHP conference. *Society for Humanistic Psychology Newsletter*, 25-26. <https://www.apadivisions.org/division-32/publications/newsletters/humanistic/2023/05/issue.pdf>
- **Bland, A. M.** (2023, April). Hope: A verb, a noun, and a paradox. *Samaritan Counseling Center 2022 Annual Impact Report*, 9.
- **Bland, A. M.** (2022, March). Living resiliently: Returning to the past or embracing responsibility to live out new possibilities? *Samaritan Counseling Center 2021 Annual Impact Report*, 12.

- **Bland, A. M.** (2022, February). *Les temps modernes: The future of humanistic psychology* (Letter from the editor). *Society for Humanistic Psychology Newsletter*.
<https://www.apadivisions.org/division-32/publications/newsletters/humanistic/2022/02/next-steps>
- **Bland, A.,** Kirschner, S., Marecek, J., & McMullen, M. (2022, February). SQIP inaugural bylaws ratified! *Society for Qualitative Inquiry in Psychology Newsletter*, 11.
- **Bland, A.** (2021, November). Embracing suffering, uncertainty, and change: Some perennial questions for our time. *The Samaritan Connection*, 32, 10.
- **Bland, A. M.** (2021, July). *Les temps modernes: Humanistic psychology and sustainability* (Letter from the editor). *Society for Humanistic Psychology Newsletter*.
<https://www.apadivisions.org/division-32/publications/newsletters/humanistic/2021/07/sustainable-future>
- **Bland, A. M.** (2021, July). The year in review: Letter from SQIP's president. *Society for Qualitative Inquiry in Psychology Newsletter*, 1-3.
- **Bland, A. M.** (2021, March). Seeing the moon in COVID. *Samaritan Counseling Center 2020 Annual Report to the Community*, 11.
- **Bland, A. M.** (2020, December). Letter from SQIP president. *Society for Qualitative Inquiry in Psychology Newsletter*, 3.
- **Bland, A. M.** (2020, August). Letter from incoming president. *Society for Qualitative Inquiry in Psychology Newsletter*, 1-2.
- **Bland, A. M.** (2020, April). Danger and opportunity in the COVID-19 crisis. *Samaritan Counseling Center 2019 Annual Report to the Community*, 12-13.
- **Bland, A. M.** (2020, March). *Les temps modernes: Humanistic psychology and diagnostic alternatives* (Letter from the editor). *Society for Humanistic Psychology Newsletter*.
<https://www.apadivisions.org/division-32/publications/newsletters/humanistic/2020/03/diagnostic-alternatives>
- **Bland, A.** (2019, October). The crisis of creativity, and *The Courage to Create* revisited. *The Samaritan Connection*, 30, 10.
- **Bland, A.** (2019, March). On good friends. *Samaritan Counseling Center 2018 Annual Report to the Community*, 17.
- **Bland, A.** (2018, July). *Les temps modernes: Humanistic psychology and mindfulness* (Letter from the editor). *Society for Humanistic Psychology Newsletter*. <https://www.apadivisions.org/division-32/publications/newsletters/humanistic/2018/07/humanistic-psychology-mindfulness.aspx>
- **Bland, A. M.** (2018, April). Review of the book *Do parents matter?*, by R. A. LeVine & S. LeVine. *Society for Humanistic Psychology Newsletter*. <https://www.apadivisions.org/division-32/publications/reviews/parents-matter.aspx>
- **Bland, A.** (2018, April). The lightning bolt: A hope- and compassion-centered symbol of progress. *Samaritan Counseling Center 2017 Annual Report to the Community*, 4.
- **Bland, A.** (2017, November). Healthy resilience, healthy living. *The Samaritan Connection*, 28, 4.
- **Bland, A.** (2017, March). The crisis of conversation: From endangerment of communication to compassion, curiosity, and compromise. *Samaritan Counseling Center 2016 Annual Report to the Community*, 20.
- **Bland, A.** (2016, December). Beyond SMART goals: A humanistic approach to treatment planning that satisfies managed care requirements. *Society for Humanistic Psychology Newsletter*.
<https://www.apadivisions.org/division-32/publications/newsletters/humanistic/2016/12/treatment-planning.aspx>
- Karter, J., Gallagher, K., & **Bland, A.** (2016, July). From the new editors: *Les temps modernes*. *Society for Humanistic Psychology Newsletter*. <https://www.apadivisions.org/division-32/publications/newsletters/Humanistic/2016/07/modern-times.aspx>

- **Bland, A.** (2013, April-May). Toward a definition of psychological health: Appreciating Maslow's conceptual vision. *AHP (Association for Humanistic Psychology) Perspective*, 6-11. <https://doi.org/10.1037/e649862013-002>
- **Bland, A.** (2012, October-November). What would a humanistic DSM-5 look like? *AHP Perspective*, 11-13. <https://doi.org/10.1037/e649852013-004>
- **Bland, A.** (2010). Reflections on practicum experience. In D. Polizzi & M. Draper (Eds.), *Surviving your clinical placement: Reflections, suggestions, and unsolicited advice* (pp. 89-93). Carolina Academic Press. (Invited chapter.)
- **Bland, A.** (2010). Selecting music for therapy sessions. *The Hoosier Counselor (Newsletter of the Indiana Counseling Association)*, 47(1). (Invited article.)
- **Bland, A.** (2009). Review of the book *APA Publication Manual, 6th ed.*, by the American Psychological Association. *The Hoosier Counselor*, 46(3), 8-9.
- **Bland, A.** (2008, February-March). Tribute: Mike Arons (1929-2008). *AHP Perspective*, 9.
- **Bland, A.** (2007, April-May). Looking out to look in: Multicultural psychology and changing social character. *AHP Perspective*, 8-12. <https://doi.org/10.1037/e511432011-002> (Cover story.)
- **Bland, A.** (2005, August-September). Collective resonance through music therapy with a group of sexual abuse survivors. *AHP Perspective*, 15-16. (Second cover story.)

CONFERENCE PRESENTATIONS

- **Bland, A. M.** (2025, March – upcoming). *The Division 32 response to APA's Clinical Practice Guidelines for PTSD*. 18th Annual Conference of the Society for Humanistic Psychology, Atlanta, GA, USA.
- **Bland, A. M.** (2024, August). *Old Saybrook 3 revisited* [outgoing presidential address to the Society for Humanistic Psychology]. Annual Convention of the American Psychological Association, Seattle WA, USA.
- **Bland, A. M.** (2024, March). *Old Saybrook 3: Commemorating the 60th anniversary of Old Saybrook 1 in the spirit of Old Saybrook 2* [presidential address]. 17th Annual Conference of the Society for Humanistic Psychology, Ann Arbor, MI, USA.
- **Bland, A. M.** (2024, March). *Looking back to look forward: Shostrom's (1971) "The Humanistic Revolution"* [film screening and discussion]. 17th Annual Conference of the Society for Humanistic Psychology, Ann Arbor, MI, USA. (Moderator.)
- Belton, G. (Outgoing president), & **Bland, A.** (Incoming president). (2023, August). *Society for Humanistic Psychology presidential address*. Annual Convention of the American Psychological Association, Washington, DC, USA.
- **Bland, A. M.** (2023, March). *A research agenda for existential/humanistic psychologists in the 2020s* [APA-approved CE presentation]. 16th Annual Conference of the Society for Humanistic Psychology, Albuquerque, NM, USA.
- **Bland, A. M.**, Schneider, K. J., Granger, N., Pyszczynski, T., Morrill, Z., & Singer, J. (2022, April). *Polarization and social healing* [conversation roundtable]. Advancing Humanistic, Existential, and Transpersonal Psychology and Scholarship: Celebrating 10 Years of University Professors Press Conference, Virtual. (Invited moderator.)
- **Bland, A. M.**, DeRobertis, E. M., & Spaeth, D. (2022, March). *Challenges and opportunities for humanistic education in the 2020s* [APA-approved CE presentation]. 15th Annual Conference of the Society for Humanistic Psychology, Virtual.
- **Bland, A. M.** (2021, June). *One psychologist's questionable research practices are another's best practices: Appreciating epistemological diversity and working toward pluralism* [presentation and conversation roundtable]. Annual Conference of the Society for Qualitative Inquiry in Psychology, Virtual.

- Guz-Montgomery, J., Lankford, A., Creed, R., Rios-Santos, K., Purrington, W., Latourrette, C., Bargdill, R., & **Bland, A. M.** (2020, July). *The eco-martyrs of 2018 and Maslow: Is self-actualization only for colonizers?* [panel discussion]. Division 32 Hospitality Suite at the Annual Convention of the American Psychological Association, Virtual. (Invited discussant.)
- **Bland, A. M.** (2019, June). *Ethical conundrums in mental health case studies: A mixed methods exploration* [paper presentation]. 6th Annual Conference of the Society for Qualitative Inquiry in Psychology, Boston, MA, USA.
- **Bland, A. M.** (2018, May). *Thematic analyses of the relevance of Frankl's Man's Search for Meaning for promoting identity integration and intentionality in emerging adults* [paper presentation]. 5th Annual Conference of the Society for Qualitative Inquiry in Psychology, Pittsburgh, PA, USA.
- **Bland, A. M.** (2018, May). The assumptions behind mental health outcome instruments: A latent thematic analysis. In L. B. Silverstein (Chair), *Using qualitative research to re-envision evidence-based practice* [symposium]. 5th Annual Conference of the Society for Qualitative Inquiry in Psychology, Pittsburgh, PA, USA.
- **Bland, A. M.** (2017, October). *Assessment meets automation: A humanistic psychologist's response to computerized intellectual testing* [paper presentation]. University of West Georgia Psychology 50th Anniversary Reunion and Conference, Carrollton, GA and Pennsylvania State System Psychology Conference, Millersville, PA, USA.
- **Bland, A.** (2017, May). *A validation of the effectiveness of the existential obituary writing technique* [paper presentation]. 4th Annual Conference of the Society for Qualitative Inquiry in Psychology, New York, NY, USA.
- **Bland, A.** (2017, March). *Who is your hero? An experiential technique to promote self-transformation and interdependence* [APA-approved CE workshop]. 10th Annual Conference of the Society for Humanistic Psychology, Pittsburgh, PA, USA.
- **Bland, A.** (2016, October). *A humanistic approach to treatment planning in the era of managed care* [paper presentation – invited]. Pennsylvania State System Psychology Conference, Slippy Rock, PA, USA.
- **Bland, A.** (2016, May). *Hart's "four virtues": A tool for cultivating balance and self-awareness in beginning counselor development* [paper presentation]. 3rd Annual Conference of the Society for Qualitative Inquiry in Psychology, Ramapo, NJ, USA.
- **Bland, A.** (2015, October). An exploration of the Buddhist foundations of Acceptance and Commitment Therapy. In E. Keener (Chair), *Positive psychology: Spirituality and forgiveness* [symposium – invited]. Pennsylvania State System Psychology Conference, Slippy Rock, PA, USA. (Unable to attend; distributed written materials in my absence.)
- **Bland, A.** (2015, May). *How can qualitative research facilitate understanding and promote transformation of the synthetic drug epidemic?* [conversation roundtable]. 11th International Congress on Qualitative Inquiry, Urbana-Champaign, IL, USA.
- **Bland, A., & Fleming, J.** (2015, February). *The role of classroom response (clicker) systems in multimodal education* [paper presentation]. Lancaster Learns, Lancaster, PA, USA.
- **Bland, A.** (2013, May). *How can qualitative research improve criteria for measuring mental health treatment outcomes?* [conversation roundtable]. 9th International Congress on Qualitative Inquiry, Urbana-Champaign, IL, USA.
- **Bland, A.** (2013, February). *Cultivating presence and second-order change in the therapeutic relationship: Toward an evidence-based approach* [paper presentation]. M³: Making a Life, Making a Living, Making a Difference Conference (Indiana Counseling Association), Terre Haute, IN, USA.
- **Bland, A.** (2011, April). *From conflict reduction to transformative process: A review of marriage theory, research, assessment, and therapy for the 21st century* [poster]. 24th Great Lakes Regional Counseling Psychology Conference, Bloomington, IN, USA.

- **Bland, A.** (2010, November). *Out of the fishbowl and into the water: Reflections on facilitating a group experience to develop leadership skills in school counseling students* [paper presentation]. 6th Critical Questions in Education Conference (Academy for Educational Studies), Chicago, IL, USA.
- **Bland, A.** (2010, April). *Toward reflective approaches in career decision-making* [poster]. 23rd Great Lakes Regional Counseling Psychology Conference, Akron, OH, USA.
- **Bland, A.** (2010, April). *Expressive therapy techniques for grieving children of military families* [paper presentation]. Supporting Families in Times of Challenge Conference (Indiana Counseling Association), Indianapolis, IN, USA.
- **Bland, A., & Hodorek, S.** (2009, October). *Beyond the telephone game: The value of primary texts in the professional training of counselors and psychologists* [paper presentation]. 5th Critical Questions in Education Conference (Academy for Educational Studies), St. Louis, MO, USA.
- **Bland, A.** (2008, April). *Kabbalah and the creative process: Shaping the product, person, and public* [poster based on master's thesis]. Center for the Study of Health, Religion, and Spirituality Conference, Indiana State University, Terre Haute, IN, USA.
- **Bland, A.** (2005, May). *Yesterday's papers or guidebook for tomorrow? The future of humanistic psychology in the 21st century* [invited paper presentation]. Renaissance II for the Third Millennium: Emerging Visions of Human Being Conference, Bari, Italy. (Unable to attend; read by Sandrine Arons in my absence.)
- **Bland, A.** (2004, March). *An exploration into composers' relationships with their music* [invited paper presentation]. Celebration of Graduate Student Research, University of West Georgia, Carrollton, GA, USA.
- **Bland, A.** (2003, April). *History and development of West Georgia's humanistic psychology program* [paper presentation]. 6th Student Psychology Annual Research Conference, University of West Georgia, Carrollton, GA, USA.
- Carpenter, R., Smith, T., & **Bland, A.** (2003, April). *Psychology and the Holocaust* [panel discussion]. 6th Student Psychology Annual Research Conference, University of West Georgia, Carrollton, GA, USA.
- Bailey, A., Olle, J., **Bland, A.**, & McNeal, M. T. (2002, April). *The Current Events Forum at West Georgia* [panel discussion]. 5th Student Psychology Annual Research Conference, University of West Georgia, Carrollton, GA, USA.

TRAININGS, WORKSHOPS, AND INVITED LECTURES

Existential and Humanistic Therapies

- **Bland, A.** (2024, August). *Existential-humanistic approaches to couples/family work*. Invited training for the clinical staff at Samaritan Counseling Center, Lancaster, PA, USA.
- **Bland, A.** (2024, July). *Incorporating the existential-humanistic perspective in contemporary counseling/psychotherapy*. Invited training for the clinical staff at Samaritan Counseling Center, Lancaster, PA, USA.
- **Bland, A.** (2024, June). *Existential-humanistic approaches to couples/family sessions in outpatient community mental health*. Invited training for the clinical staff at Ponessa Behavioral Health, Lancaster, PA, USA. (Received \$300 honorarium.)
- DeRobertis, E., & **Bland, A.** (2023, November). *Growth and post-traumatic growth*. Invited lecture to Dr. Shannon McIntyre's PY-7320: *Psychological Development* course in the Clinical Psychology doctoral program at Antioch University, Keene, NH, USA. (Received \$100 honorarium.)
- **Bland, A.** (2021, July). *Spiritual integration in psychotherapy: Existential and humanistic lenses*. Invited presentation to the clinical staff at Samaritan Counseling Center, Lancaster, PA, USA.

- **Bland, A.** (2021, February). *Incorporating existential-humanistic therapy approaches in community mental health*. Invited training for the clinical staff at T. W. Ponessa and Associates, Lancaster, PA, USA. (Received \$300 honorarium.)
- **Bland, A.** (2019, July). *Humanistic-existential therapies: An overview*. Invited two-day experiential workshop within the Post-Masters Advanced Clinical Certificate program offered by the Millersville University School of Social Work, Millersville, PA, USA. (Received \$200 honorarium.)
- **Bland, A.** (2018, October). *Personal hero identification in existential-humanistic therapy*. Invited training for Dr. Ruthellen Josselson's doctoral psychology students, Fielding Graduate Institute, Baltimore, MD, USA. (Received \$200 honorarium.)
- **Bland, A.** (2018, June). *Humanizing mental health outcome measures*. Presentation to the clinical staff at Samaritan Counseling Center, Lancaster, PA, USA.
- **Bland, A.** (2017, June). *Integrating person-centered planning and treatment outcomes*. Invited training for the clinical staff at Samaritan Counseling Center, Lancaster, PA, USA.
- **Bland, A.** (2017, May). *Humanistic-interpersonal treatment planning*. Invited APA-approved CE presentation to the Lancaster Lebanon Psychological Association, Lancaster, PA, USA.
- **Bland, A.** (2016, October). *Developing the therapist as a person: Implications for effective clinical practice*. Invited training for Dr. Michael Alcee's doctoral psychology interns, Ramapo College, Ramapo, NJ, USA.
- **Bland, A.** (2014, April). *From 'what to do' to 'how to be' in clinical practice: The interdependence of therapeutic relationships, process, and sustainable outcomes*. Invited training for doctoral psychology interns at Talbert House, Cincinnati, OH, USA.

Trauma

- **Bland, A.** (2021, July). *Relational and expressive approaches to trauma work with children and adolescents*. Invited training for the clinical staff at T. W. Ponessa and Associates, Lancaster, PA, USA. (Received \$300 honorarium.)
- **Bland, A.** (2019, August). *Relational-contextual approaches to healing trauma*. Invited training for the clinical staff at T. W. Ponessa and Associates, Lancaster, PA, USA. (Received \$300 honorarium.)
- **Bland, A., Felizzi, M., Redcay, A., & Smith, C.** (2018, April). Panel discussion accompanying a screening of the film *Resilience* at Millersville University, Millersville, PA, USA.
- **Bland, A.** (2018, January). *Understanding trauma*. Presentation to Sunnyside Mennonite Church, Lancaster, PA, USA. (Received \$200 honorarium.)

Mindfulness

- **Bland, A.** (Annually 2015-19). *Mindfulness as primary prevention*. Invited lectures to Dr. Laura Granruth's SOWK 307: *Social Work and Health Care* course, Millersville University, Millersville, PA, USA.
- **Bland, A.** (Annually 2015-19). *Mindfulness and the mind-body connection for college students*. Invited trainings for members of the Body and Mind Health Peer Educator program, Millersville University, Millersville, PA, USA.
- **Bland, A.** (2019, March). *Beginner's mind as an alternative to perfectionism*. Presentation to the staff at Samaritan Counseling Center, Lancaster, PA, USA.
- **Bland, A.** (2017, February). *Psychology and mindfulness*. Invited presentation to the Psychology Club, Millersville University, Millersville, PA, USA.
- **Bland, A.** (2016, December). *Finals week mindfulness meditation*. Invited workshop at The Final Stretch, Millersville University, Millersville, PA, USA.
- **Bland, A.** (2016, April). *The value of mindfulness for overcoming self-stigma*. Workshop at the Coming Out of the Shadows: Breaking the Silence to Shed Light on Mental Health conference (Millersville University Office of Diversity and Social Justice), Millersville, PA, USA.

- **Bland, A.** (2016, April). *Mindfulness and the creative process*. Invited presentation to the Creative and Expressive Arts Club, Millersville University, Millersville, PA, USA.
- **Bland, A.** (2015, October). *Centering through coloring: The “art” of mindfulness*. Invited workshop at the Essentials of Happiness: 2015 International Policy Conference, Millersville University, Millersville, PA, USA.

Working with Impoverished Clients

- **Bland, A.** (2016, August). *Foss et al.’s CARE model: Preventing pitfalls and effectively fostering resilience in impoverished clients*. Invited training for new employees at Community Action Partnership of Lancaster County, Lancaster, PA, USA.
- **Bland, A.** (2016, June). *Collaborative resilience-based counseling for impoverished clients: The effectiveness of Foss et al.’s CARE model*. Presentation at the Global Poverty: Human Needs, Economic Justice, and Social Change CE Conference (Millersville University Learning Institute), Lancaster, PA, USA.
- **Bland, A.** (2013, July). *Engaging and promoting meaningful change for impoverished clients*. CE training for the clinical staff at Talbert House, Cincinnati, OH, USA.

DSM-5 and DSM-5-TR

- **Bland, A.** (2022, September). *DSM-5-TR updates for community mental health practitioners*. Invited training for the clinical staff at T. W. Ponessa and Associates, Lancaster, PA, USA. (Received \$300 honorarium.)
- **Bland, A.** (2022, July). *Transition to the DSM-5-TR*. Training for the clinical staff at Samaritan Counseling Center, Lancaster, PA, USA.
- **Bland, A.** (2014, June). *Common DSM-5 diagnoses for adult behavioral health and addictions service providers*. Invited training for the clinical staff at Talbert House, Cincinnati, OH, USA.
- **Bland, A., & Cihlar, B.** (2013, October-November). *Transition to the DSM-5*. Invited APA-approved full-day CE trainings for the clinical staff at Talbert House, Cincinnati, OH, USA.
- **Bland, A., Cornell, M., & Lambert, C.** (2013, August). *Transition to the DSM-5*. APA-approved full-day CE training for the clinical staff at Talbert House, Cincinnati, OH, USA.

Professional Development

- Banna, K., **Bland, A.**, Garner, N., & Hunter, D. (2024, October). *Psych grad school expo*. Invited presentation to the Psychology Club, Millersville University, Millersville, PA, USA.
- **Bland, A.** (2023, February). *Suicide risk assessment and safety planning*. Invited training for the clinical staff at Ponessa Behavioral Health, Lancaster, PA, USA. (Received \$300 honorarium.)
- **Bland, A.** (2021, September). *Suicide risk assessment and prevention*. Invited training for the clinical staff at T. W. Ponessa and Associates, Lancaster, PA, USA. (Received \$300 honorarium.)
- **Bland, A., & Felizzi, M.** (2020, February). *Careers in helping professions*. Invited presentation to the Psychology Club, Millersville University, Millersville, PA, USA.
- **Bland, A.** (2018, February). *Careers in psychology: Helping professions*. Invited presentation to the Psychology Club, Millersville University, Millersville, PA, USA.
- Fleming, J., & **Bland, A.** (2014, November). *Engaging students with iClickers*. Invited training for faculty/administrators at Millersville University, Millersville, PA, USA. Sponsored by MU’s Center for Academic Excellence.
- **Bland, A.** (2014, June). *Preparing for the EPPP*. Invited training for doctoral psychology interns at Talbert House, Cincinnati, OH, USA.
- **Bland, A.** (2014, February). *Introduction to community mental health*. Invited lecture to Dr. Jen Gibson’s PSYC 200: *Orientation to the Major* course, Xavier University, Cincinnati, OH, USA.

MEDIA APPEARANCES

- **Bland, A.** (2024, October). Interviewed by Michael Pha and Anthony Prisco (Millersville University student journalists) about seasonal depression. Excerpts included on *Ville News*.
- **Bland, A.** (2023, April). Interviewed by Maria Volpe (*Newsweek* magazine) pertaining to my research on Chapman's Love Languages. Excerpts published in: Volpe, M. A. (2023, April 30). These two Love Languages are least likely to last, according to expert. *Newsweek*. <https://www.newsweek.com/which-love-languages-are-most-least-compatible-1794692>
- **Bland, A.** (2022, June). Interviewed by Angela Haupt (*Time* magazine) pertaining to my research on Chapman's Love Languages. Excerpts published in: Haupt, A. (2022, June 22). Love languages actually do improve your relationship. *Time*. <https://time.com/6189958/love-languages-improve-relationship/>

RESEARCH AND SCHOLARSHIP IN PROGRESS

- **Bland, A. M.** *Death anxiety, age segregation, and ageism in U.S. society*. Invited contribution to a special feature in the *Journal of Humanistic Psychology* consisting of reactions/responses to an article by Hagestad and Uhlenberg (2005).
- **Bland, A. M.,** Adame, A., Anthony, J., & Brown, D. (Eds.). *Directory of graduate programs in humanistic psychology* (7th ed.). Published by the Society for Humanistic Psychology (Division 32 of the American Psychological Association).
- **Bland, A. M.,** & MacIntyre, R. I. *Maslow's underacknowledged contributions to understanding psychopathology*. Applied theoretical article and critical literature review.
- **Bland, A. M.,** Churchill, S. D., & Rubin, S. *History of Division 32 since 2000*. Published by the Society for Humanistic Psychology (Division 32 of the American Psychological Association).
- **Bland, A. M.,** & Verber, M. A. *There are no straight lines in nature – or in therapy: The lightning bolt metaphor for conceptualizing therapeutic progress*. Practice innovation manuscript.
- **Bland, A. M.** *Love languages and attachment styles*. Multivariate analyses in progress.
- Robbins, B. D., & **Bland, A. M.** *The role of theory in psychotherapeutic work across theoretical orientations*. IRB paperwork for a quantitative research study is underway.
- **Bland, A. M.** *Personal hero identification across generations*. IRB paperwork for a qualitative research study is underway.
- **Bland, A. M.** *Existential and humanistic approaches to relational, experiential, and expressive trauma work*. Book proposal is underway.
- **Bland, A. M.** *Existential and humanistic therapeutic micro-skills*. Book proposal is underway.

PROFESSIONAL SERVICE

Clinical Supervision

- | | |
|--|--------------|
| Millersville University, Dept. of Psychology (Millersville, PA) | 2014-present |
| <ul style="list-style-type: none"> ▪ Supervising master's-level clinical and school psychology trainees' development of counseling and assessment skills. | |
| Talbert House (Cincinnati, OH) | 2014 |
| <ul style="list-style-type: none"> ▪ Supervised master's and doctoral psychology trainees in adult outpatient and corrections programs. | |

Indiana State University, University Hall Counseling Clinic (Terre Haute, IN) 2009-12

- Served as doctoral student supervisor in a master's-level training clinic that served local children and families.

National Executive Board Service**Society for Humanistic Psychology (SHP, Division 32 of the American Psychological Association) 2016-present**

- Presidential trio (2022-25, with presidential term 2023-24).
 - Envisioned *Old Saybrook 3* as the theme for the year's activities, including the 2024 annual conference.
- Treasurer (2019-22).
- Founded and chairing the Humanistic Education and Student Engagement Task Force (2023-present), co-founded and chairing the Epistemological Diversity Task Force (2024-present), and co-chaired the search task force for a new editor of the official Division 32 journal (2024). Played an instrumental role in renewing the journal's contract with APA Publishing (2024). Serving on the Elections Committee (2024-25), Finance Committee (2019-present), and Annual Conference Planning Committee (2019-present). Co-managed the electronic conference program for the 2023-25 annual conferences and the virtual platforms for the 2022 annual conference and awards ceremony. As manager of the official Division 32 website (2016-present), orchestrated an extensive renovation (2021-22).

Psychotherapy Action Network (PsiAN) 2024-present

- Representing Division 32 in the interorganizational Partners Alliance.

World Congress of Existential Therapy 2024-present

- Invited member of the Scientific Committee.

International Archives of Existential and Humanistic Psychology 2023-present

- Invited member of the Circle of Advisors.

Society for Qualitative Inquiry in Psychology (SQIP, Section 3 of Division 5 of the American Psychological Association) 2016-22

- Presidential trio (2019-22, with presidential term 2020-21).
- Membership chair (2016-22).
- Chaired the proposal review committee for SQIP's Ruthellen Josselson Student Research Grants (2021-22).
- Served on the Communications Committee (2016-20), Bylaws Committee (2020-21), and Nominations/Elections Committee (2022).
- Developed a policies/procedures guidebook for the SQIP executive committee (2021-22). Played an instrumental role in the development and ratification of SQIP's inaugural bylaws (2021).

Editorial Board Membership

- *Journal of Constructivist Psychology*, editorial board member (since 2020).
- *Journal of Humanistic Psychology*, editorial board member (since 2017); associate editor (since 2022).
- *Journal of Theoretical and Philosophical Criminology*, editorial board member (since 2016).
- *The Humanistic Psychologist*, ad hoc reviewer (2020); review editor (since 2021).
- *Qualitative Psychology*, ad hoc reviewer (2023-24); editorial board member (since 2025).

Additional Invited Peer Review

- Ad hoc reviewer for (a) *Couple and Family Psychology: Research and Practice* (since 2020); (b) *Emerging Adulthood* (since 2023); (c) *Journal of Theoretical and Philosophical Psychology* (2023); (d) *Philosophical Psychology* (2022-23); (e) *PLOS ONE* (2022); (f) *Spiritual Psychology and Counseling* (2020); and (g) *Community, Work, and Family* (2013).
- Member of the Conference Program Committees for (a) the 2025 PsiAN national conference, (b) Division 32 programming at APA 2021 (included selecting best posters), and (c) the 2019 SQIP annual conference.
- Reviewed (a) proposals for books by Drs. Robert Beshara (2024), Jim Dillon (2021 and 2024), Stephen Joseph (2023), Christopher Kazanjian (2021), and Patrick Whitehead (2019); (b) a submission to the edited volume, *The Relevance of Alan Watts in Contemporary Culture*, by invitation from its editor, Dr. Peter Columbus (2019); and (c) the manuscript of Dr. Stephen Joseph's *The Humanistic Psychology of Carl Rogers* (2024).

Primary Editor

- **Bland, A. M.**, Falk, J., Gallagher, K., & Karter, J. M. (Co-Eds.). (2016-present). *Newsletter of the Society for Humanistic Psychology* (Division 32 of the American Psychological Association). Producing 2 to 3 issues per year.
- **Bland, A. M.** (Ed.). (2024). Special feature: Maslow's (1969) "Toward a humanistic biology." *Journal of Humanistic Psychology*, 64(1), 79-172. Guest editor of a collection of 13 papers offering reactions and responses to Maslow's article from the vantage point of the 2020s by multiple generations and iterations of humanistic psychologists.
- Schneider, K. J., & **Bland, A. M.** (2022). Kirk Schneider's path to existential-humanistic psychology. In J. Falk & L. Hoffman (Eds.), *Becoming an existential-humanistic therapist: Narratives from the journey* (pp. 25-43). University Professors Press. Invited to serve as editor of Dr. Schneider's narrative.
- Arons, M., & **Bland, A.** (Eds.). (2004). *Directory of graduate programs in humanistic-transpersonal psychology* (6th ed.). Association for Humanistic Psychology and Division 32 of the American Psychological Association.
- **Bland, A.** (Ed.). (2001-03). *The Crucible*, 6-8. University of West Georgia Psychology Dept. (Monthly periodical.)

Mentoring Student Research

- Montgomery, B. (2024). *Social media's influence on digital natives* [doctoral dissertation]. Millersville University, Millersville, PA.
- Felegy, R. (2022). *The impact of equine-assisted psychotherapy on adolescents with mental health concerns: A mixed methods analysis* [master's thesis]. Millersville University, Millersville, PA.
- Shimer, B. (2020). *The impact of gratitude on mindfulness in college students: A mixed methods analysis* [undergraduate psychology and university honors thesis]. Millersville University, Millersville, PA. (Chair)
- Iati, M. (2020). *Perceptions and attitudes about intimate partner violence* [undergraduate psychology honors thesis]. Millersville University, Millersville, PA. (Chair)
- Wade, E. (2019). *LGBTQ school policy in Pennsylvania: An exploratory content analysis* [master's thesis]. Millersville University, Millersville, PA. (Chair)
- Miller, A. (2019). *Increasing online social interaction to reduce mild to moderate depressive symptomatology: A randomized controlled trial* [undergraduate psychology honors thesis]. Millersville University, Millersville, PA. (Chair)
- Rice, A. (2019). *The relationship between acculturation, acculturative stress, and non-suicidal self-injury for first- and second-generation emerging adult immigrants in the United States* [undergraduate psychology honors thesis]. Millersville University, Millersville, PA. (Chair)

- Hyman, J. (2006). *Psychology's perspective on healing as applied to nature-based therapy programs for adolescents* [master's thesis]. Naropa University, Boulder, CO.

UNIVERSITY SERVICE

University Committee Service

**General Education Review Committee (GERC),
Millersville University (Millersville, PA)** 2022-present

- Participating in discussions and decision-making regarding the university's transition to the Gateway general education model, including reviewing learning outcomes.
- Serving as chair of a subcommittee that reviews proposals for Creative Explorations, Ethical Action and Citizenship, and Information Literacy courses (since 2024).
- Served as GERC liaison to UCPRC for recertifying Perspectives courses (2022-24).

**Multidisciplinary Studies Curriculum Committee (MDST),
Millersville University (Millersville, PA)** 2019-22

- Reviewed proposals from individual students and academic departments for cross-departmental programs of study. Contributed to the development of requirements for a multidisciplinary B.S. degree.

Academic Standards Committee, Millersville University (Millersville, PA) 2019-20

- Participated in academic dismissal appeal hearings.

**Undergraduate Course and Program Review Committee (UCPRC),
Millersville University (Millersville, PA)** 2016-19

- Reviewed proposals for new undergraduate courses/programs and for substantive modifications to existing ones.
- Chaired the proposal review subcommittee for interdisciplinary Perspectives courses (2017-19).

Campus Service

Reappointment Committee, Millersville University (Millersville, PA) 2024

- Member of the pre-tenure reappointment committee for Dr. Lesley Huff in the Center for Counseling and Human Development.

Safe Zone Mentoring Program, Millersville University (Millersville, PA) 2015-present

- Member of a campus-wide program that provides easily recognizable faculty/staff to the university community for support and resources regarding issues related to sexual and gender diversity.

New Faculty Orientation, Millersville University (Millersville, PA) 2015-20

- Mentored second-year faculty on their journey toward tenure (2019-20).
- Invited by the Office of the Associate Provost for Academic Administration to speak on the *Your First Year at MU: What to Expect* panel and to deliver a presentation on the reappointment process (2015).

Exploratory Advising Program, Millersville University (Millersville, PA) 2015-18

- Assisted undeclared students with selecting a major, choosing relevant general education courses, and encouraging their involvement in campus activities and utilization of appropriate campus services.

*Departmental Committee Service***Dept. of Psychology, Millersville University (Millersville, PA)** 2014-present

- Member of the graduate and undergraduate faculty committees (since 2014 and 2015, respectively). Contributing to planning sessions to align our graduate courses with national accreditation standards and to modernize the Clinical Psychology M.S. curriculum. Participating in the selection of graduate and undergraduate students to receive departmental scholarships and awards and to be admitted to the undergraduate Departmental Honors program. Provided consultation during the development of the Behavioral and Human Services undergraduate degree (2023).
- Co-chair of the 2017 *Pennsylvania State System Psychology Conference (PaPC)* and member of the planning committee for the 2019 PaPC conference, both hosted by MU.
- Chair (2019-20) and member (2014-15, 2015-16, 2018-19, 2020-21, 2022-23, 2023-24) of search committees for graduate clinical training faculty.
- Member of the Facilities Committee (since 2018); the Diversity, Equity, and Inclusion Committee (since 2023); and the planning committee for a virtual graduation ceremony/celebration for psychology graduate students during the pandemic (2020).

*Administrative Service in Academic and Clinical Training Programs***Millersville University, Dept. of Psychology (Millersville, PA)** 2014-present

- Served as interim coordinator of the Clinical Psychology M.S. program (2021).
- Mentoring adjunct teaching faculty by appointment from the department chair (since 2018), conducting classroom observations of pre-tenured and adjunct faculty (since 2019).
- Proposed and implemented new graduate interviewing/assessment and advanced therapy courses to modernize the Clinical Psychology program curriculum (2018 and 2021). Played an instrumental role in the development and dissemination of updated curriculum overview and course plan documents (2021-present). Assisted with the development of new/updated graduate courses in trauma-informed care and group work (2018-19).
- Composed flexible common learning objectives/outcomes for sections of PSYC 100: *General Psychology* (2018).
- Supervising the Luek Hall Clinic by appointment from the department chair (since 2016). Facilitated clinic renovation, including selecting and overseeing the installation of a digital recording system and of new furnishings and décor (2018-19). Developed a procedural manual for and provided trainings on the recording program, and continually maintain the software (since 2018).
- Serving as Core Competency Exam (CCE) coordinator by appointment from the psychology graduate committee (since 2018). (CCEs are a milestone in psychology graduate students' promotion to degree candidacy.) Developing questions, offering review sessions, organizing and facilitating exam administration, scoring and debriefing exams, tracking students' performance for Clinical and School Psychology programs. Proposed and implemented modernized CCE procedures (2021-present).
- Providing academic advisement to graduate psychology trainees and undergraduate psychology majors and minors (since 2015).

- Reviewing applications and interviewing prospective students for the Clinical Psychology master's program (since 2015).
- Participating in open house sessions for prospective undergraduate and graduate students (since 2014).
- Collaborating with psychology faculty and graduate students to update and maintain resources in the department's psychological testing library (since 2015). Initiated and continually keep inventory of the department's collection of psychotherapy training videos (since 2020) and manage its Psychotherapy.net subscription (2023-24).

Talbert House Psychology Internship Program (Cincinnati, OH) 2014

- Appointed by the Director of Clinical and Quality Services to (a) develop self-study materials for APA accreditation and (b) revise an agency-wide evidence-based practice manual to reflect the transition to DSM-5 and to update best practice suggestions that included relational, contextual, and systemic approaches.

Indiana State University, Dept. of Communication Disorders and Counseling, School, and Educational Psychology (Terre Haute, IN) 2008-12

- Interviewed prospective students for master's and doctoral programs.
- Compiled a community guide for incoming students with suggestions for housing, recreational and cultural activities, etc.

University of West Georgia, Psychology Dept. (Carrollton, GA) 2001-03

- Planned, promoted, and archived colloquia, conferences, and celebrations.
- Served as moderator at the annual Student Psychology Annual Research Conference.
- Maintained the department's web page (including an online portfolio for SACS accreditation renewal) and student listserv.
- Compiled the department's history and archives. Catalogued and transcribed unpublished papers by emeritus faculty. Organized and curated the department's original film collection.

Organizational Leadership

- Creative and Expressive Arts Club, Millersville University (Millersville, PA) 2016-20**
- Served as faculty advisor for a campus-wide organization that promoted interdisciplinary exploration of the creative process.

**Counseling Psychology Doctoral Student Organization
Indiana State University (Terre Haute, IN) 2009-10**

- President of an organization that promoted professional identity development and faculty-student communication.

Current Events Forum, University of West Georgia (Carrollton, GA) 2001-02

- Founding member and organizer of a campus-wide organization that encouraged constructive interdisciplinary dialogue following 9-11.

COMMUNITY SERVICE

- Lancaster Cooperative Preschool (Lancaster, PA) 2015-16**
- Facilitated classroom activities (including music) on a monthly basis.

Wind Song Retreat Center (Franklin, GA) 2004

- Facilitated programs promoting mindfulness-based practices and a harmonious relationship with nature.

Latinos United of Carroll County (Carrollton, GA) 2001-02

- Participated in establishing a community center to improve quality of life for the area's marginalized immigrant population.

MEMBERSHIPS

- *American Psychological Association (APA)* (Member #89068229—since 2007)
- *Association for Humanistic Psychology (AHP)* (Member #21—since 2004)
- *Pennsylvania Psychological Association (PPA)* (since 2014)
- *Psychotherapy Action Network (PsiAN)* (since 2024)
- *Quantitative and Qualitative Methods* (Division 5 of APA) (since 2011)
- *Society for Humanistic Psychology* (Division 32 of APA) (since 2004)
- *Society for the Psychology of Aesthetics, Creativity, and the Arts* (Division 10 of APA) (periodically since 2007)
- *Society for the Teaching of Psychology* (Division 2 of APA) (periodically since 2016)

AWARDS AND HONORS

- Received one of two awards given to alumni for “outstanding contributions to humanistic psychology” at the *University of West Georgia Psychology 50th Anniversary Reunion and Conference*, 2017.
- Recognized by Millersville University's Center for Academic Excellence for “taking risks and engaging students in new ways” in the *CAE Innovative Practices Spotlight*, 2015.
- Received the *Edward C. Roeber Memorial Scholarship* (annual award selected and presented by the counseling psychology program faculty), Indiana State University, 2011. (Awarded \$500.)
- Received the *Outstanding Graduate Assistant Award* (for my teaching and educational assistance—selected by faculty to represent the counseling psychology program, presented by the provost), Indiana State University, 2010.
- Awarded a graduate fellowship and assistantship for the duration of my doctoral coursework, Indiana State University, 2007-11. (Paid tuition plus stipend.)
- Received the *Going the Extra Mile Award*, Inner Harbour Hospital (Rockmart, GA), 2005.
- Received the *Graduate Student Research Award* for my master's thesis, selected and presented by the Dean of the Graduate School, University of West Georgia, 2004.
- Inducted into Phi Kappa Phi national honor society, University of West Georgia, 2003.
- Recognized for my involvement in the Current Events Forum and in Latinos United of Carroll County at the *Community Leadership Conference*, Carrollton, GA, 2002.
- Awarded a graduate assistantship for the full duration of my master's program, University of West Georgia, 2001-03. (Paid tuition plus stipend.)

GRANTS AND PROFESSIONAL DEVELOPMENT FUNDING**Travel Grants: Millersville University (Millersville, PA)**

- Awarded \$500 from the Faculty Grants Committee, \$700 from the Dean of Education and Human Services, and \$250 from the PRIME grant to deliver my outgoing presidential address to Division 32 and facilitate its outgoing executive board meeting at the *American*

Psychological Association Annual Convention (Seattle, WA, USA), 2024. (Also received \$1,975 from Division 32.)

- Awarded \$450 from the Faculty Grants Committee and \$925 from the PRIME grant to attend and present at the *17th Annual Conference of the Society for Humanistic Psychology* (Ann Arbor, MI, USA), 2024.
- Awarded \$490 from the Faculty Grants Committee, \$404 from the Dean of Education and Human Services, and \$500 from the Dept. of Psychology to deliver my incoming presidential address to Division 32 and facilitate its incoming executive board meeting at the *American Psychological Association Annual Convention* (Washington, DC, USA), 2023.
- Awarded \$350 from the Faculty Grants Committee, \$700 from the Dean of Education and Human Services, and \$223 from the Dept. of Psychology to attend and present at the *16th Annual Conference of the Society for Humanistic Psychology* (Albuquerque, NM, USA), 2023.
- Awarded \$300 from the Faculty Grants Committee and \$694 from the Dept. of Psychology to attend and participate in the Division 32 Executive Board meeting at the *American Psychological Association Annual Convention* (Chicago, IL, USA), 2019.
- Awarded \$400 from the Faculty Grants Committee, \$500 from the Dean of Education and Human Services, and \$500 from the Dept. of Psychology to attend and present at the *6th Annual Conference of the Society for Qualitative Inquiry in Psychology* (Boston, MA, USA), 2019.
- Awarded \$250 from the Faculty Grants Committee and \$450 from the Dept. of Psychology to attend and present at the *5th Annual Conference of the Society for Qualitative Inquiry in Psychology* (Pittsburgh, PA, USA), 2018.
- Awarded \$175 from the Faculty Grants Committee and \$500 from the Dean of the College of Education and Human Services to attend and present at the *University of West Georgia Psychology 50th Anniversary Reunion and Conference* (Carrollton, GA, USA), 2017.
- Awarded \$175 from the Faculty Grants Committee to attend and present at the *4th Annual Conference of the Society for Qualitative Inquiry in Psychology* (New York, NY, USA), 2017.
- Awarded \$175 from the Faculty Grants Committee, \$350 from the Dean of the College of Education and Human Services, and \$450 from the Dept. of Psychology to attend and present at the *10th Annual Conference of the Society for Humanistic Psychology* (Pittsburgh, PA, USA), 2017.
- Awarded \$175 from the Faculty Grants Committee to attend and present at the *Pennsylvania State System Psychology Conference* (Slippery Rock, PA, USA), 2016.
- Awarded \$325 from the Faculty Grants Committee and \$350 from the Dean of the College of Education and Human Services to attend and present at the *3rd Annual Conference of the Society for Qualitative Inquiry in Psychology* (Ramapo, NJ, USA), 2016.
- Awarded \$240 from the Faculty Grants Committee, \$305 from the Dept. of Psychology, and \$330 from the Dean of the School of Education to attend and present at the *Qualitative Psychology: Critical and Post-Structural Possibilities* conference (Urbana-Champaign, IL, USA), 2015.

Professional Development Funding: Millersville University (Millersville, PA)

- Awarded \$300-350 annually from the Dept. of Psychology to cover expenses for professional memberships since 2014.
- Awarded \$160 from the Dept. of Psychology to attend the *Freud Meets Buddha: Mindfulness, Trauma, and Process Addictions* continuing education conference (King of Prussia, PA, USA), 2015.
- Awarded \$800 from the Interim Dean of the School of Education to cover expenses to apply for psychologist licensure, 2014.

PROFESSIONAL DEVELOPMENT

- Academic transcripts and/or listings of continuing education hours completed to maintain my license are available upon request.

CREATIVE WORK

- Available upon request.

REFERENCES

- Available upon request.