Goal 4: Enhance Student Well-Being

'Ville CARES Team – Referral resource for faculty, staff, and students co-created by Student Affairs and Academic Affairs.

Creation of the Meditation and Mindfulness Room – Student Memorial Center

Center for Health Education and Promotion (CHEP)
- CHEP coordinates several campus events and the Peer Educator Initiative.

Example *60 campus and community service providers reached 500-600 students during each day of the two 2023-24 Wellness Fairs.*

- Hired an administrative assistant to provide support for office tasks.
- Updated CHEP informational materials and website. Conducted unit review.

Community Partnerships
- CHEP partnered with Blueprints Recovery, Lancaster Joining Forces, and Penn Medicine Lancaster General Health to create Narcan training opportunities and provide kits.
- CHEP Director chairs the Alcohol and Other Drug Task Force, comprised of local and regional partners, that examines wellness trends, programs, and services.

Goal 4: Enhance Student Well-Being

University Wellness Definition

- Millersville University faculty defined General Education wellness learning outcomes that address 7 dimensions: Emotional, Environmental, Financial, Physical, Social, Spiritual, and Occupational.

- The Center for Health and Education Promotion's augmented wellness definition includes these seven attributes plus Multicultural and Intellectual dimensions.

Wellness Wheel

CHEP collaborated with Health Services, Human Resources, the Employee Wellness Committee, and the Wellness and Sport Sciences Department to create ways to communicate wellness dimensions.

EPPIIC Compassion Fund

Fifty-one (51) students, 20 more than last year, were awarded $17,022 from the EPPIIC Compassion Fund.

Hunger Free Campus Taskforce – Awarded 2nd PA Hunger Free Campus Grant

Supports the Campus Cupboard food pantry at the HUB and hot meals for students during academic breaks.