



2024-25

Drug and Alcohol Abuse Prevention Program (DAAPP)



Millersville University

Updated as of: 3/26/2025

Introduction:

The Drug Free Schools and Campuses Regulations (34 CFR Part 86) of the Drug-Free Schools and Communities Act (DFSCA) requires Millersville University (MU), an institution of higher education (IHE), to certify it has implemented programs to prevent the abuse of alcohol and use or distribution of illicit drugs both by MU students and employees on its premises and as a part of any of its activities. At a minimum each institution of higher education must annually distribute the following in writing to all students and employees:

- Standards of conduct that clearly prohibit the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees;
- A description of the legal sanctions under local, state, or federal law for the unlawful possession or distribution of illicit drugs and alcohol;
- Health risks associated with alcohol and other drug use;
- A description of any drug or alcohol counseling, treatment, educational programs or rehabilitation or reentry programs that are available to employees or students; and
- A clear statement that the institution will impose sanctions on students and employees and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct.

Every other year, Millersville University will conduct a biennial review of the DAAPP to determine its effectiveness and implement changes to the program as needed. The review will also ensure that any disciplinary sanctions are consistently enforced. Copies of the Biennial Review Report are available in the Division of Student Affairs located in the Student Memorial Center (SMC) 107, and the Office of Human Resources Office located in the Dilworth Building on the 1st floor.

Questions about the DAAPP should be directed to Wendy Bowersox, Employee Engagement Specialist at wendy.bowersox@millersville.edu or Margo Thorwart, Director of the Center for Health Education and Promotion at margaret.thorwart@millersville.edu.

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Standards of Conduct

Drug and Alcohol Policy

The University complies with federal, state and local laws including those that regulate the possession, sale, and use of alcoholic beverages and controlled substances. Millersville University students who use, sell, exchange, consume, or possess alcoholic beverages or illegal drugs or drug paraphernalia on University property or at University functions will be dealt with in accordance with the University conduct policy as well as Commonwealth, federal and local laws. Non-Students and employees who violate the University's policies and whose actions are not in compliance with the orderly operation of the University will be prosecuted in accordance with Commonwealth, federal and local laws. Nonstudents involved in on-campus violation of these policies may be banned from University property.

Millersville University students need to be aware of local, state and federal laws, as violations may have long-term effects on their lives. Examples include:

1. Section 6308 of the Pennsylvania Crimes codes addresses underage drinking including: misrepresentation of age to secure liquor; purchase, consumption, possession or transportation of intoxicating beverages; carrying a false identification card and using same to obtain or attempt to obtain liquor. In addition to fines for conviction of these offenses, the court will order the motor vehicle operating privileges of the person suspended, and a copy of the order will be sent to the Department of Transportation. The suspension will be 90 days for the first offense, one year for the second, two years for any offense thereafter.
2. Pennsylvania House Bill 1139 requires public and private schools, intermediate units and area vocational-technical schools to require prospective employees to submit with their employment application a report of criminal history record information from the Pennsylvania State Police or a statement from the State Police that the central repository contains no such information relating to that person. Many Millersville University students intend to become educators and need to be aware of these provisions.
3. Pennsylvania law now requires parental notification for all alcohol law violations where the offender is less than 21 years of age.

For the most recent and complete Federal Trafficking Penalties information, visit the Website of the U.S. Drug Enforcement Administration at <https://www.dea.gov/drug-information>



Alcohol and Drugs in the Workplace

The unlawful manufacture, distribution, dispensing, possession, or use of alcohol and other controlled substances by a Millersville University employee while on duty, or on University grounds is prohibited. Inappropriate use of alcohol or other controlled substances by any employee while or on University grounds is prohibited. Such conduct shall subject the employee

to appropriate discipline, up to and including termination. Employees who are taking a controlled substance, as prescribed by a medical provider are not in violation of University policy.

Drug-Free Workplace Policy

PA State System of Higher Education Board of Governors had adopted a drug-free workplace policy (1989-02). It states, The State System of Higher Education, Commonwealth of Pennsylvania, hereby declares as its policy that the unlawful manufacture, distribution, dispensation, possession, or use of a controlled substance is prohibited at any workplace under the authority of the Board of Governors. Any employee violating the policy will be referred to the Commonwealth's employee assistance program and/or disciplined, in an appropriate manner, up to and including termination. Discipline, when appropriate, shall be taken under relevant provisions of collective bargaining agreements, Civil Service Commission policy, or other human resource policies adopted by the Board of Governors.

Drug Free Work Policy:

https://www.passhe.edu/inside/policies/BOG_Policies/Policy%201989-02.pdf#search=Drug%20Free%20Workplace%20policy

Drug Free Work Policy



Policy 1989-02: Drug-Free Workplace

A. Policy - As required by the federal “Drug-Free Workplace Act of 1988,” the State System of Higher Education, Commonwealth of Pennsylvania, hereby declares as its policy that the unlawful manufacture, distribution, dispensation, possession, or use of a controlled substance is prohibited at any workplace under the authority of the Board of Governors. Any employee violating the policy will be referred to the Commonwealth’s employee assistance program and/or disciplined, in an appropriate manner, up to and including termination. Discipline, when appropriate, shall be taken under relevant provisions of collective bargaining agreements, Civil Service Commission policy, or other human resource policies adopted by the Board of Governors.

University Alcohol Policy



Alcoholic Beverage Administrative Policy

University Policy Regarding Alcoholic Beverages:

<https://www.millersville.edu/about/administration/policies/pdf/administration/alcoholic-beverages.pdf>

Ware Center Policy Regarding Alcoholic Beverages:



The university abides by Liquor Control Board regulations and Commonwealth laws in the purchase and service of alcoholic beverages. Persons of legal drinking age should be given responsible choices concerning the consumption of alcohol in accordance with state laws.

Tailgating Policy

The Tailgating Policy outlines the established guidelines put forth by Millersville University to manage on-campus tailgating activities and ensure a safe and enjoyable environment. The policy applies to all patrons and guests on the Millersville University campus.

Tailgating on the campus of Millersville University for home football games is designated to the lower-level parking garage and parallel parking lot off of Pucillo Drive. Tailgating will not be permitted on the roof of the parking garage or any other location on the Millersville University campus. Anyone seen tailgating outside of the designated area will be asked to move to the designated tailgating area.

General Guidelines:

- A. Tailgating activities may begin three (3) hours prior to the beginning of the game. Tailgating is not permitted during the course of the game.
- B. Tailgating activities may continue for up to one (1) hour following the conclusion of the game.
- C. Tailgating must incorporate food and non-alcoholic beverages into the activities. The preparation and consumption of food is limited to personal use. No food may be sold at tailgating activities.
- D. Propane (gas) grills are permitted inside the designated tailgating areas only. Charcoal grills are prohibited.
- E. Alcohol consumption is permitted inside the designated tailgating areas only and in accordance with State law. Hard liquor and spirits are prohibited.
- F. Only individuals who are 21 years of age or older may possess, consume, transport, or store alcoholic beverages. These individuals must be prepared to show valid identification at all times.
- G. All alcoholic or non-alcoholic beverages must be in cans or plastic cups or containers. Glass bottles are prohibited.
- H. Kegs, party balls, multi-quart containers are prohibited.
- I. All drinking paraphernalia and drinking “games” of any sort are prohibited.
- J. Tailgaters are responsible for the disposal of trash and debris in appropriate trash receptacles following the conclusion of each tailgate. Tailgaters are expected to maintain a clean and sanitary space.

- K. Each car is permitted one parking space inside the designated tailgating area. The space may be extended a reasonable distance while still allowing for an accessible traffic lane at all times.
- L. RV requests should be made 24 hours in advance of the game by calling Peg Kauffman, Associate Athletic Director, at (717) 871-7693.
- M. Pets are not permitted in the tailgate area.
- N. Tailgaters are expected to respect the rights of others. Everyone is expected to maintain good sportsmanship and refrain from the use of loud and/or offensive language, disorderly behavior, and amplified sound.
- O. All Millersville University policies are enforced throughout the campus including the tailgating areas. Millersville University Police or any other law enforcement has the authority to remove any individual or group who does not abide by these policies.
- P. Millersville University is not responsible or liable for accidents, damage, loss or theft of materials, items, or personal property.

Tent/Canopy Guidelines:

- A. No tents larger than 10' x 10'. Any tent must be located directly in front of a parked car or within a parking space. There must be a clear path for traffic at all times.
- B. Tents or canopies must be secured at all times to ensure the safety of all patrons

Athletics Substance Abuse Policy

The Athletics Substance Abuse Policy was approved March 2017. The main goal of the Millersville University Department of Athletics substance abuse policy is to protect the health and welfare of the University's student-athletes. This policy requires student-athletes to engage in substance abuse education, testing, and if necessary, rehabilitation. The Department of Athletics will review this policy on an annual basis and will revise it as needed. Additional information can be gathered by contacting the Department of Athletics. The policy can be viewed at:

<https://www.millersville.edu/about/administration/policies/pdf/administration/athletics-substance-abuse.pdf>

Athletics Substance Abuse



Open Container Ordinance

The Borough of Millersville has open-container ordinances.
Chapter 114: Alcoholic Beverages; Article I: Open Containers

<https://ecode360.com/9652892>

Open Container Ordinance



Disorderly Conduct

Prohibited acts within the Borough of Millersville include but not limited to be found drunk or

intoxicated or under the influence of alcohol or a controlled substance upon any public street or alley or parks or other public grounds in the Borough; Possess one ounce or less of marijuana or any drug paraphernalia. Violations and penalties, upon summary conviction, may be sentenced to pay a fine of not less than \$300 nor more than \$1,000 for a first offense; a fine of not less than \$400 nor more than \$1,000 for a second offense; and a fine of not less than \$500 and not more than \$1,000 for a third or subsequent offense, all plus the costs of prosecution, including the Borough's attorneys' fees, and, in default of payment thereof, shall undergo imprisonment in the Lancaster County Prison for a period not exceeding 30 days. Each section of this chapter which is violated shall constitute a separate offense, and each day during which any person violates any provisions of this chapter shall constitute a separate offense. A complete version of the borough's Disorderly Conduct ordinance is available online at: <https://ecode360.com/30677853>

Disorderly Conduct



Student Code of Conduct

Millersville University wants to ensure that all our students and student organizations have a rich and worthwhile educational experience in a civil environment. To maintain such an environment, Millersville University has adopted this Student Code of Conduct in support of its mission to prepare students to become well-rounded individuals who become involved in productive roles as civic and community-engaged leaders and citizens. The Student Code of Conduct reflects the University community's concern that students and student organizations on our campus and in our communities maintain the highest standards of conduct. It guarantees due process and protects the individual freedoms of our students while holding students accountable for conduct that violates the terms of the Code. Disciplinary action may be imposed on a student whose conduct violates the Code, whether that conduct occurs on or off campus. The Student Code of Conduct details the rules and regulations for students and student organizations. It is reviewed annually by the Office of Student Conduct and Community Standards. Amendments to the Code must be approved by Millersville University's President and Council of Trustees.

Millersville University students are governed not only by local, state and federal laws, but also by regulations of the Millersville University Code of Conduct. "Student" for the purposes of the Code of Conduct refers to any person who accepts an offer of admission indicating intention to enroll at the University, including participation in a course or participation in a university-sponsored program. A person who is not enrolled for a particular semester but who otherwise has a continuing relationship, including students who are on a Medical Leave of Absence with the University, is a "student" for the purpose of the code. Violation of those regulations may lead to university judicial action in addition to any action taken by civil or criminal courts.

The Student Conduct and Community Standards Handbook:

<https://www.millersville.edu/studentconduct/files/studentcodeofconduct.pdf>

Student Code of Conduct



Some violations that are subject to campus conduct and/or criminal court action include:

- Use, sale, exchange or possession of alcoholic beverages on campus.
- Use, sale, or exchange or possession of controlled substances on campus.

Student Conduct and Community Standards Handbook Prohibited Conduct Related to Alcohol and Drugs

Millersville University is a “responsible use” campus, which means that alcohol is not permitted on campus or any affiliated campus property or event without the express written permission of the Vice President for Student Affairs. All approved service of alcohol must adhere to the Alcoholic Beverages Administrative Policy.

Alcoholic Beverages Administrative Policy:

<https://www.millersville.edu/about/administration/policies/pdf/administration/alcoholic-beverages.pdf>

Alcoholic Beverages
Admin Policy



The following activities are prohibited:

- Conduct involving the personal consumption and/or possession of alcohol in violation of the law on or off campus (V.2.A)
- Distribution of alcoholic beverages to minors (those under the age of 21) (V.2.B)
- Knowingly being in the presence of unauthorized use, possession or distribution of alcoholic beverages (V.2.C)
- Public drunkenness (V.2.D)
- Violations of the University Alcoholic Beverage Administration Policy (V.2.E)

Acts involving the manufacture, distribution, sale, exchange, use, offer to sale or possession of illegal drugs, narcotics, drugs not prescribed for the person in possession of the drug, or drug paraphernalia are prohibited. The following activities are also prohibited:

- Knowingly being in the presence of unauthorized use, possession or distribution of drugs. (V.3.A)
- The use of counterfeit or synthetic substances, frequently referred to as "designer drugs". (V.3.8)
- Failure to comply with any existing University policy regarding medical marijuana. Marijuana (cannabis) is a controlled substance under federal law, and its possession and use, even for medical reasons, is prohibited on property owned or

operated by the University or at university-sponsored or affiliated programs and events.

Responsible Action Policy

Millersville University holds the safety, security and well-being of its students as one of its highest priorities. The University prides itself on offering all of the benefits of a public institution while preserving a caring, individualized community. Millersville University recognizes that a student's concern for potential disciplinary action while under the influence of alcohol and/or other substances may hinder a student's actions in response to seeking assistance in certain emergency situations and/or reporting incidents. It is imperative that medical attention be sought should concerns arise for a person's own safety or the safety of others. This policy is intended to increase the reporting of incidents requiring emergency assistance during a life-threatening or drug/alcohol-related illness and will in turn result in increased safety for students and the campus community.

As such, medical amnesty is in effect to ensure those students who seek assistance for another individual who may have consumed excessive alcohol or other drugs will turn to the appropriate personnel to seek emergency medical assistance without fear of being cited for a violation under the Commonwealth of Pennsylvania's Crimes Code or charged by the University for violating Section V.2.A, Alcohol or V.3, Drugs of the Student Code of Conduct if all the following conditions are met:

1. The only way law enforcement officers or University officials became aware of the person's violation of the Student Code of Conduct is because the person placed a 911 call, or a call to campus safety, police or emergency services, in good faith, based on a reasonable belief and reported that another person was in need of immediate medical attention to prevent death or serious injury.
2. The person reasonably believed they were the first person to make a 911 call or a call to campus safety, police or emergency services and report that a person needed immediate medical attention to prevent death or serious injury.
3. The person provided his/her own name to the 911 operator or equivalent campus safety, police or emergency officer.
4. The person remained with the person needing medical assistance until emergency healthcare providers arrived and the need for the person's presence had ended.

Disciplinary Sanctions

Potential Consequences of Being in Violation of Alcohol and/or Drug Policy

The following are general University sanctions which may be imposed upon a student or an organization that is found responsible for a violation of the Student Code of Conduct. This list is not intended to be exhaustive, and the University and its agents reserve the right to impose additional sanctions to ensure the highest standards of conduct. Counseling, treatment programs, restrictions from facilities, or other conditions may be imposed when deemed appropriate. The University may impose any combination of the following sanctions:

Interim Suspension - Pending final action on charges of violating the Student Code of Conduct, the student may be subject to immediate suspension or loss of privileges if it is determined by the Vice President for Student Affairs or designee that the student's presence on campus may constitute a threat to the health, safety and welfare of the University community. In addition, a student may be placed on interim suspension if the student poses an ongoing disruption of, or interference with, the normal operations of the University.

If a student is placed on interim suspension, an administrative hearing will be scheduled within 10 class days to determine a final sanction. Unless extenuating circumstances prevent the facilitation of a hearing, the reversal of an interim suspension shall not be construed as a determination that the student is not in violation of the Student Code of Conduct. The University reserves the right to extend the required time period for exceptions based on the health and/or mental-health concerns that may impede the student's ability to effectively participate on his/her behalf. In such matters the Vice President for Student Affairs or designee will have sole discretion. During a period of interim suspension, students may not continue to participate in classes or participate in online or distance-education course, participate in university activities and/or be on the University property. The interim suspension shall remain in effect until such time as it has been modified by the Director of Student Conduct.

While on interim suspension the student is responsible for the payment of all tuition and fees in accordance with the University payment policies. Please reference the offices of University Housing and Conference Services and Office of Student Accounts fee schedules for more details.

Behavioral mentor: The student may be assigned to a faculty, staff, community or student mentor for support in the areas of personal and academic development relevant to the violation. The hearing officer/hearing board will establish the frequency and duration of the mentoring relationship. Any missed appointment with the assigned mentor will be considered a failure to comply, and additional sanctions may be imposed.

Censure: Designated for a period of not less than a full academic year and not more than the remainder of the student's academic career at Millersville University. During a period

of assigned “censure,” a student may maintain membership with any student organization, group or team, but the student may not represent the University in any official leadership capacity or hold office or leadership position in any student organizations, groups or teams. Censure indicates to the student that further violation(s) of University regulations will result in more stringent conduct action, including but not limited to suspension or expulsion from the University.

Conduct contract: A student and hearing officer may reach a written agreement concerning expectations for future conduct and decisions to assist in preventing inappropriate conduct from recurring.

Counseling services: Where there is a question of safety, a student may be required to obtain an evaluation through the University’s Counseling and Human Development Center or another counseling resource and comply with the recommendations that result from the evaluation.

Deferred action: Deferring the imposition of a standard sanction for a violation based on mitigating circumstances. Students imposed “deferred action” sanctions understand that any new misconduct for which a student is found responsible will result in the immediate imposition of the sanction that was deferred, becoming effective immediately without further review. A sanction may be in deferred status for a limited period of time.

Educational development: Hearing officers/hearing board members may refer students found responsible for violations to campus resources to assist, educate or monitor the development of appropriate conduct, critical-thinking skills, mature decision-making skills, etc. These referrals are mandatory, and failure to complete a referral could result in additional charges by the Office of Student Conduct & Community Standards. Referrals may include a drug and alcohol education program or other appropriate program or resource.

Educational reflection: Students may be required to attend an educational program, produce an educational project, write an essay or participate in other such creative educational activities.

Ethical reflection: The student will write a 1-2 page reflection paper on the importance of ethical decision-making in an educational community. It is important to include in the paper a discussion of how one poor decision can impact an individual, a community and the person who makes the poor decision.

Expulsion: The student is separated from the University permanently. There are no provisions for the readmission of the student in the future. The expelled student is responsible for the payment of all tuition and fees in accordance with the University payment policies. (Please reference the Department of University Conference Services

and Office of Student Accounts fee schedules for more details.)

Financial restitution: A student or student organization may be required to make payment to the University or to another specified person(s) or group(s) for damages incurred because of a violation of behavioral expectations.

Fines: A financial cost applied to the student or organization as predetermined on existing policies.

Inactivation: Temporary loss of university recognition and campus privileges for a designated period of time not to exceed five years imposed upon a student organization.

Loss of privileges/No Trespass Order: A student/student organization may be denied specific privileges for a designated period of time. These privileges include but are not limited to access to specific buildings, facilities, residence hall assignment and participation in extracurricular activities. When a No Trespass Order is issued as a sanction in a student disciplinary matter, the Office of Student Conduct & Community Standards will forward notice of the No Trespass Order to the Millersville University Police Department. Students who violate such orders will be subject to further disciplinary action under the Student Code of Conduct, along with being cited or arrested for criminal violations.

No-contact directive: This action is implemented at the discretion of a hearing officer directing a student to avoid initiating contact with another member of the University community and may include limiting access to areas to avoid incidental contact. Restricted contact includes direct interactions in person or through technology as well as the use of third parties to interact

Off-campus counseling: The student will need to provide verification from an off-campus, verified, licensed counseling professional stating that the student has entered counseling and is complying with the treatment plans and/or recommendations of the treatment provider. This verification should include a written statement that the treatment plan will include the following outcomes:

1. development of effective coping strategies to help deal with the pressures (peer and otherwise) one is facing,
2. plans to achieve a healthier balance in life, and
3. identification of tools and resources to achieve psychological well-being

Parental notification: A student's parent or guardian may be notified of a violation of the Code of Conduct and the student's disciplinary record in accordance with the Family Educational Records Privacy Act (FERPA).

Probation: This level of probation is intended to provide the student an opportunity to

reflect on and learn from their conduct while increasing their awareness of the impact of their conduct on themselves and others, and of the University's behavioral expectations. Additional violations during this period will result in more serious sanctions by the Office of Student Conduct & Community Standards.

Reprimand: A student shall be warned, in writing, not to violate the Student Code of Conduct in the future. Additional violations may result in more serious disciplinary action.

Restorative practices: Restorative action holds students responsible for violating the Code accountable for their conduct by involving them in face-to face encounters with the people they have harmed/impacted. The restorative action seeks to develop good relationships and restore a sense of community.

Service restitution: Students may be required to perform a community service to assist in developing increased awareness of the impact of misconduct to strengthen critical-thinking abilities to identify appropriate conduct.

Suspension: The loss of privileges of enrollment for a designated period of time determined by the hearing officer or designee. A suspension remains in place during the appeals process and until a final outcome of the appeal has been determined.

1. Suspended persons are prohibited from taking classes, including distance education and online courses, taking exams and/or receiving grades, participating in University activities and being present on University-owned or -controlled property.
2. During a period of suspension, if a person is found to be present on University property without permission from the Office of Student Conduct & Community Standards, they will be subject to arrest for criminal trespass.
3. Persons are not entitled to a monetary refund for tuition, housing or a meal plan. (Please reference the Department of University Housing and Conference Services and Office of Student Accounts fee schedules for more details.) If living on campus, a student must make arrangements to vacate within 48 hours or less. The time period will be determined by the hearing officer.
4. In order to be eligible for readmission, a person must comply with all aspects of the suspension letter. Readmission is contingent upon completion of the suspension period, fulfillment of sanctions, if any, and the approval of the Vice President for Student Affairs or designee.

Inactivation: Temporary loss of University recognition and campus privileges for a designated period of time not to exceed five years imposed upon a student organization.

Termination of University recognition: The organization is not eligible for reinstatement

for a minimum of five years. Only the Vice President for Student Affairs can grant reinstatement of an organization's recognition. Consideration for reinstatement must be accompanied by a written proposal developed under the guidance of the Director of the Department of Campus Life. The proposal for reinstatement must also include the following criteria:

1. A letter of endorsement/support from a proposed faculty/staff advisor.
2. A letter of support from the Executive Board of Student Government Association.
3. A cover letter outlining the steps that have been taken to avoid a repeat of the earlier misconduct

Enforcement/Violations:

The University community is encouraged to play an active role in creating and maintaining a climate where student wellbeing, engagement and safety are characteristics of success. However, the primary sources on campus that enforce the alcohol and drug policies are members of the Millersville University Police Department and the staff of University Housing and Conference Services. It is the primary responsibility of the Office of Student Conduct and Community Standards to assess instances of infractions of the code of conduct by students and to determine appropriate sanctions.

Student violations of the University's Alcohol and Other Drug policies may come to the attention of the Office of Student Conduct and Community Standards through an online report through Maxient, the University's student discipline software. The Student Conduct Handbook details the conduct process of violations of the Alcohol and Other Drug policies. Each incident is reviewed on a case-by-case basis following due process for our students.

Intervention

Millersville University has several options available for students and employees who need to address alcohol and other drug abuse issues. Students can obtain assessment and treatment of substance abuse disorders at the Center for Counseling and Human Development. Students who violate the University Alcohol Policy participate in a two-part BASICS intervention program consisting of a group meeting and an individual personalized feedback session. The Center for Counseling and Human Development can assist in referrals to off-campus treatment services. Staff members at Health Services, the Center for Health Education and Promotion and the Center for Counseling and Human Development can provide additional information and services relating to substance abuse problems.

In 2020-2021 twenty-three students were referred to BASICS Groups and 20 completed the two-part program. Four students attended Individual BASICS and 2 students completed the two-part program.

During 2020-2021 our AOD counselor had 195 individual appointments with students and approximately 75-80% of these were AOD related.

In fall 2019, Millersville University assistant professor in the School of Social Work secured a \$1.35 million three-year grant to help combat the opioid crisis. The Opioid Workforce Expansion Program alleviates the financial burden for students to obtain specialized education in addition, prevention, treatment and recovery. While opioids are in the title of the grant, education received by the students is focused on all addictions.

Legal Sanctions and Penalties

Pennsylvania Penalties

The legal ramifications of misuse of alcohol and/or controlled substances (drugs) are serious and varied, depending on the circumstances involved. The penalties are determined by examining each individual case. A person can be arrested or cited for violations ranging from summary through felony offenses. State System employees can be referred for prosecution for a violation of the state and/or local laws.

Legal Sanctions:

The following is a summary description of the legal sanctions under State and Federal law for the unlawful possession or distribution of illicit drugs and alcohol:

1. **Drugs** -- State Penalties and Sanctions for Illegal Possession, Sale or Delivery of a Controlled Substance:

a. The Controlled Substance, Drug, Device and Cosmetic Act, 35 P.S. § 780-101 et seq. sets up 5 schedules of controlled substances based on potential for abuse, dangerousness and medical uses. The Act prohibits, among other things, the manufacture, distribution, sale or acquisition by misrepresentation or forgery of controlled substances except in accordance with the Act, as well as the knowing possession of controlled substances unlawfully acquired. Penalties for first-time violators of the Act range from 30 days imprisonment, a \$500 fine or both for possession or distribution of a small amount of marijuana or hashish not for sale, to 15 years imprisonment or a \$250,000 fine or both for the manufacture or delivery of a Schedule I or II narcotic.

Fines and terms of imprisonment may be doubled under certain circumstances, including the distribution of a controlled substance to a person under 18 years of age or a conviction for a second or subsequent offense. Immunity from prosecution under Pennsylvania law may be available for certain drug-related offenses for the person who calls 911, campus safety, police or emergency services to report that another person is in need of immediate medical attention to prevent death or serious injury, provides his/her own name, and remains with the person needing medical assistance until emergency services arrive, if the only way law enforcement officers become aware of the violation is due to the call.

b. 18 Pa. C.S. §§ 6314, 6317 – A person over 18 years of age who is convicted for violating the Controlled Substance, Drug, Device and Cosmetic Act shall be sentenced to a minimum of at least one-year total confinement if the delivery or possession with intent to deliver of the controlled substance was to a minor. If the offense is committed within 1,000 feet of the real property on which is located a public, private or parochial school or a college or university or within 250 feet of the real property on which is located a recreation center or playground or on a school bus

(“drug free school zones”), the person shall be sentenced to an additional minimum sentence of at least 2 years total confinement. Such offenses not involving minors in drug free school zones are subject to a mandatory minimum of two years of total confinement.

c. Pennsylvania’s Medical Marijuana Act (Apr. 17, 2016, P.L. 84, No. 16) states that growth, processing, manufacture, acquisition, transportation, sale, dispensing, distribution, possession and consumption of medical marijuana that is permitted under the Medical Marijuana Act will not be deemed to be a violation of Pennsylvania’s Controlled Substance, Drug, Device and Cosmetic Act. These activities continue to be subject to penalties and sanctions under U.S. federal law. For more information, see paragraph 2.a below.

d. The Pharmacy Act of 1961, 63 P.S. § 390-8 prohibits, among other things, procuring or attempting to procure drugs by fraud, deceit, misrepresentation or subterfuge or by forgery or alteration of a prescription. The first offense is a misdemeanor, with a maximum penalty of one year's imprisonment, a \$5,000 fine, or both. For each subsequent offense, the maximum penalty is three years’ imprisonment, a \$15,000 fine, or both.

e. The Vehicle Code, 75 Pa. C.S. § 3802 et seq. prohibits driving, operating or being in actual physical control of the movement of a vehicle while under the influence of alcohol or a controlled substance, or both, if the driver is thereby rendered incapable of safely driving, operating or being in actual physical control of the movement of the vehicle, if the alcohol concentration in the individual’s blood or breath exceeds the stated limits, or if the individual’s blood contains a controlled substance. Penalties for first-time violators of the Act range from a mandatory term of six months’ probation and a \$300 fine to 72 hours imprisonment and a \$5,000 fine. Penalties are greater for subsequent violations. Other penalties include suspension of operating privileges, installment of ignition interlock devices, and highway safety training. In addition to the above penalties, the court has discretion to order any or all of the following: drug or alcohol treatment, community service, and/or attendance at a victim impact panel.

2. Drugs – Federal Penalties and Sanctions for Illegal Possession or Trafficking of a Controlled Substance:

a. 21 U.S.C.S. §§ 841, 844 and 844(a)

For possession: 1st conviction: Up to 1 year imprisonment and fine of at least \$1,000 or both. After 1 prior drug conviction: At least 15 days imprisonment, not to exceed 2 years, and fine of at least \$2,500. After 2 or more prior drug convictions: At least 90 days imprisonment, not to exceed 3 years, and fine of at least \$5,000. Special sentencing provisions for possession of flunitrazepam (the “date rape drug”): imprisonment not to exceed 3 years, a fine of at least \$1,000, or both. In addition to the above penalties, the court has discretion, upon conviction, to order a fine in the

amount of the reasonable costs of the investigation and prosecution of the offense. Additional penalties, including imprisonment and fines, apply for manufacture or distribution of a controlled substance or possession with intent to manufacture, distribute, or dispense, a controlled substance.

Notwithstanding the enactment of state laws permitting certain transportation, sale, dispensing, distribution, possession and consumption of marijuana under specified conditions, including Pennsylvania's Medical Marijuana Act, the U.S. Department of Justice has made clear that marijuana remains an illegal drug under the U.S. Controlled Substances Act, and that federal prosecutors will continue to aggressively enforce this statute.

b. 21 U.S.C.S. §§ 853(a) and 881(a) -- Forfeiture of personal and real property used, or intended to be used, to possess or to facilitate possession of a controlled substance if that offense is punishable by more than 1 year imprisonment. Forfeiture of money, controlled substances, drug paraphernalia, firearms, books and records, vehicles, vessels, aircraft or any other conveyance used, or intended to be used, to transport or facilitate the transportation, sale, receipt, possession, or concealment of a controlled substance or any raw materials, products, or equipment of any kind which are used, or intended for use, in manufacturing, compounding, processing, delivering, importing, or exporting any controlled substance.

c. 20 U.S.C.S. § 1091(r) – A student who has been convicted of any offense under any Federal or State law involving the possession or sale of a controlled substance for conduct that occurred during a period of enrollment for which the student was receiving any grant, loan, or work assistance under federal law, shall not be eligible to receive any grant, loan, or work assistance during the period beginning on the date of such conviction and ending after the interval specified as follows: If convicted of an offense involving the possession of a controlled substance, the penalty for the first offense is ineligibility for 1 year, the second offense is ineligibility for 2 years, and the third offense is ineligibility for an indefinite period. If convicted of an offense involving the sale of a controlled substance, the penalty for the first offense is an ineligibility period of 2 years, and the penalty for a second offense is ineligibility for an indefinite period. A student whose eligibility has been suspended under the above paragraph may resume eligibility before the end of the ineligibility period determined under such paragraph if (1) the student satisfactorily completes a drug rehabilitation program that complies with such criteria as prescribed by regulations, and includes two unannounced drug tests; (2) the student successfully passes two unannounced drug tests conducted by a drug rehabilitation program that complies with such criteria as prescribed by regulations; or (3) the conviction is reversed, set aside, or otherwise rendered nugatory.

d. 21 U.S.C.S. § 862 – Upon conviction of possession, penalties may include (1) denial of Federal benefits, such as grants, contracts, loans, and professional and commercial licenses, up to 1 year for first offense and 5 years for subsequent offenses; (2) requirement to successfully complete an approved drug treatment

program, including periodic testing; and (3) perform appropriate community service. These penalties are increased for trafficking.

e. 18 U.S.C.S. § 922(g) -- Ineligible to ship, transport, receive or purchase a firearm or ammunition.

f. Miscellaneous -- Revocation of certain Federal licenses and benefits, e.g. pilot licenses, public housing tenancy, etc., are vested within the authorities of individual Federal agencies.

3. **Alcohol** – State and Local Penalties and Sanctions for Illegal Possession or Other Violations: The Pennsylvania Liquor Code, 47 P.S. § 1-101 et seq., controls the possession and sale of alcoholic beverages within the Commonwealth. The Code (in conjunction with portions of the Pennsylvania Statutes pertaining to crimes and offenses involving minors, 18 Pa. C.S.A. § 6307 et seq., and 18 Pa. C.S.A. § 5505) provides as follows:

- a. It is a summary offense for a person under the age of 21 to attempt to purchase, consume, possess or knowingly and intentionally transport any liquor or malt or brewed beverages. The penalty for a first offense is a fine up to \$500; for a second offense, a fine up to \$1,000; for a subsequent offense, a fine up to \$1,000.
- b. It is a crime to intentionally and knowingly sell or furnish or to purchase with the intent to sell or furnish, any liquor or malt or brewed beverages to any minor (under the age of 21). "Furnish" means to supply, give or provide to, or allow a minor to possess on premises or property owned or controlled by the person charged. The minimum fine for a first violation is \$1,000; \$2,500 for each subsequent violation.
- c. It is a crime for any person under 21 years of age to possess an identification card falsely identifying that person as being 21 years of age or older, or to obtain or attempt to obtain liquor or malt or brewed beverages by using a false identification card. The penalty for a first offense a fine up to \$300; for a second offense, a fine up to \$500; for a subsequent offense, a fine up to \$500.
- d. It is a crime to intentionally, knowingly or recklessly manufacture, make, alter, sell or attempt to sell an identification card falsely representing the identity, birthdate, or age of another. Fine is minimum of \$1,000 for first violation and minimum of \$2,500 for subsequent violations.
- e. It is a crime to knowingly misrepresent one's age to obtain liquor. Penalties are as stated in (c) above.
- f. It is a crime to appear in any public place manifestly under the influence to the degree that individuals may endanger themselves or other persons or property, or annoy persons in their vicinity. Penalty is a fine up to \$500 for first offense and up to \$1,000 for subsequent offenses.

- g. It is a crime to knowingly, willfully and falsely represent that another is of legal age to obtain liquor or malt or brewed beverages. Penalty is a minimum fine of \$300.
- h. It is a crime to hire, request or induce any minor to purchase liquor or malt or brewed beverages. The penalty is a minimum fine of \$300.
- i. Sales without a license or purchases from an unlicensed source of liquor or malt beverages are prohibited.
- j. It is unlawful to possess or transport liquor or alcohol within the Commonwealth unless it has been purchased from a Pennsylvania State Liquor Store or in accordance with Liquor Control Board regulations.
- k. Immunity from prosecution may be available for consumption or possession offenses involving minors for the person who calls 911, campus safety, police or emergency services to report that another person is in need of immediate medical attention to prevent death or serious injury, provides his/her own name, and remains with the person needing medical assistance until emergency health care providers arrive and the need for his/her presence ends if: (1) the only way law enforcement officers become aware of the violation is due to the call, and (2) the person reasonably believes he or she is the first person to make the call.

Federal Drug Laws

The possession, use, or distribution of illicit drugs is prohibited by federal law. Strict penalties are enforced for drug convictions, including mandatory prison terms for many offenses. The following information, although not complete, is an overview of federal penalties for first convictions. All penalties are doubled for any subsequent drug conviction.

Denial of Federal Aid (20 USC 1091)

Under the Higher Education Act of 1998, students convicted under federal or state law for the sale or possession of drugs will have their federal financial aid eligibility suspended. This includes all federal grants, loans, federal work study programs, and more. Students convicted of drug possession will be ineligible for one year from the date of the conviction of the first offense, two years for the second offense, and indefinitely for the third offense. Students convicted of selling drugs will be ineligible for two years from the date of the first conviction, and indefinitely for the second offense. Those who lose eligibility can regain eligibility by successfully completing an approved drug rehabilitation program.

Forfeiture of Personal Property and Real Estate (21 USC 853)

Any person convicted of a federal drug offense punishable by more than one year in prison shall forfeit to the United States any personal or real property related to the violation,

including houses, cars, and other personal belongings. A warrant of seizure is issued and property is seized at the time an individual is arrested on charges that may result in forfeiture.

Federal Drug Trafficking Penalties (21 USC 841)

Penalties for federal drug trafficking convictions vary according to the quantity of the controlled substance involved in the transaction. The following list is a sample of the range and severity of federal penalties imposed for first convictions. Penalties for subsequent convictions are twice as severe.

If death or serious bodily injury result from the use of a controlled substance which has been illegally distributed, the person convicted on federal charges of distributing the substance faces mandatory life sentence and fines ranging up to \$8 million.

Persons convicted on federal charges of drug trafficking within 1,000 feet of a University (21 USC 845a) face penalties of prison terms and fines which are twice as high as the regular penalties for the offense, with a mandatory prison sentence of at least 1 year.

The following is a listing of the most common alcohol and other drug violations, and their penalties, committed under federal and state law. For a more complete description of the offenses, the appropriate federal and criminal and vehicle codes should be consulted.

Drug Offenses:

A drug offense refers to the possession, use, sale or furnishing of any drug or intoxicating substance or drug paraphernalia that is prohibited by law.

| Drug/Substance | Amount | Penalty - 1st Conviction |
|-----------------------|---------------------|--|
| Barbiturates | Any amount | Up to 5 years prison. Fine up to \$250,000 |
| Cocaine | 5 kgs. or more | Not less than 10 years prison, not more than life. Fine up to \$4 million |
| | Less than 100 grams | 10-63 months prison. Fine up to \$1 million |
| Crack Cocaine | 50 grams or more | Not less than 10 years prison, not more than life. Fine up to \$4 million |
| | 5-49 grams | Not less than 5 years prison, not more than 40 years. Fine up to \$2 million |
| | 5 grams or less | 10-63 months prison. Fine up to \$1 million |
| Ecstasy | Any amount | Up to 20 years imprisonment. Fine up to \$1 million. 3 years of supervised releases (following prison) |

| | | |
|-----------------|-------------------|--|
| GHB | Any amount | Up to 20 years imprisonment. Fine up to \$1 million. 3 years of supervised releases (following prison) |
| Hashish | 10-100 kg | Up to 20 years imprisonment. Fine up to \$1 million. |
| | 10 kg or less | Up to 5 years imprisonment. Fine up to \$250,000 |
| Hash Oil | 1-100 kg | Up to 20 years imprisonment. Fine up to \$1 million. |
| | 1 kg or less | Up to 5 years imprisonment. Fine up to \$250,000 |
| Heroin | 1 kg or more | Not less than 10 years prison, not more than life. Fine up to \$4 million |
| | 100-999 grams | Not less than 5 years prison, not more than 40 years. Fine up to \$2 million |
| | 100 grams or less | 10-63 months prison. Fine up to \$1 million |
| Ketamine | Any amount | Up to 5 years imprisonment. Fine up to \$250,000. 2 years supervised release |
| LSD | 10 grams or more | Not less than 10 years prison, not more than life. Fine up to \$4 million |
| | 1-10 grams | Not less than 5 years prison, not more than 40 years. Fine up to \$2 million |
| Marijuana | 1000 kg or more | Not less than 10 years prison, not more than life. Fine up to \$4 million |
| | 100-999 kg | Not less than 5 years prison, not more than 40 years. Fine up to \$2 million |
| | 50-99 kg | Up to 20 years imprisonment. Fine up to \$1 million |
| | 50 kg or less | Up to 5 years imprisonment. Fine up to \$250,000 |
| Methamphetamine | 50 grams or more | Not less than 10 years prison, not more than life. Fine up to \$4 million |
| | 10-49 grams | Not less than 5 years prison, not more than 40 years. Fine up to \$2 million |
| | 10 grams or less | 10-21 months prison. Fine up to \$1 million |
| PCP | 100 grams or more | Not less than 10 years prison, not more than life. Fine up to \$4 million |
| | 10-99 grams | Not less than 5 years prison, not more than 40 years. Fine up to \$2 million |

| | | |
|----------|------------------|---|
| | 10 grams or less | 10-21 months prison. Fine up to \$1 million |
| Rohypnol | 1 gram or more | Up to 20 years imprisonment. Fine up to \$1 million |
| | less than 30 mgs | Up to 5 years imprisonment. Fine up to \$250,000 |

Federal Drug Possession Penalties (21 USC 844)

Persons convicted on Federal charges of possessing any controlled substance face penalties of up to 1 year in prison and a mandatory fine of no less than \$1,000. Second convictions are punishable by not less than 15 days but not more than 2 years in prison and a minimum fine of \$2,500. Subsequent convictions are punishable by not less than 90 days but not more than 3 years in prison and a minimum fine of \$5,000.

Civil penalties of up to \$10,000 may also be imposed for possession of small amounts of controlled substances, whether or not criminal prosecution is pursued.

Millersville University Alcohol and Drug Policy

The following describe Millersville University policy regarding alcoholic beverages on University property or at University-sponsored events in accordance with federal, state, and local laws.

Millersville University is a “responsible use” campus, which means that alcohol is not permitted on campus or any affiliated campus property or event without the express written permission of the Vice President for Student Affairs. All approved service of alcohol must adhere to the Alcoholic Beverages Administrative Policy found at:

<https://www.millersville.edu/about/administration/policies/pdf/administration/alcoholic-beverages.pdf>

Accordingly, the following activities are prohibited:

- Conduct involving the personal consumption and/or possession of alcohol in violation of the law on or off campus.
- Distribution of alcoholic beverages to minors.
- Knowingly being in the presence of unauthorized use, possession or distribution of alcoholic beverages.
- Public drunkenness. Violations of the University Alcoholic Beverage Administration Policy.

Acts involving the manufacture, distribution, sale, exchange, use, offer to sale or possession of illegal drugs, narcotics, drugs not prescribed for the person in possession of the drug, or drug paraphernalia are prohibited. Illegal drugs are defined by state and federal statutes. The

following activities are also prohibited:

- Knowingly being in the presence of unauthorized use, possession or distribution of drugs.
- The use of counterfeit or synthetic substances, frequently referred to as “designer drugs”.

Health Risks

Substance abuse and drug dependency are issues of staggering proportions in our society today. They are the leading causes of preventable illness, disability, and death in the United States. Alcohol/chemical dependency is a disease that affects not only individuals, but every component of the family system, workplace, and the community. Chemical abuse not only includes alcohol and illegal drugs, but also prescription drugs such as tranquilizers, pain killers, sleeping pills, etc.

In addition to the life impact related to a criminal record, the University wishes to remind employees, students and other members of the campus community of the many psychological and physical risks associated with the abuse of alcohol and other substances. Alcohol abuse is associated with impairment of academic functioning and students often find it difficult to maintain their academic focus and meet their responsibilities. Alcohol is frequently related to poor academic achievement, low GPA, or the decision to leave school without a degree. The following list includes some additional information about the risks associated with drug and alcohol use.

- Any drug, even over the counter or a doctor's prescription, has possible side effects that can cause impairments. There are no guidelines for the use of illegal drugs, and one can never be sure of their strength or purity.
- Cocaine is a highly psychological addictive drug.
- Alcohol is a depressant drug that slows the central nervous system and impairs judgement. At high BAC levels, it can be fatal.
- THC, the active ingredient in cannabis, can remain in your body for one month following use. THC concentration has been increasing in cannabis which increases the risk of harmful effects.
- Cannabis smoke produces all of the harmful effects of tobacco smoke. Cannabis smoke contains about 50% more benzopyrene and nearly 75% more benzantracene, both known carcinogens, then a comparable quantity of unfiltered tobacco smoke.
- Alcohol is frequently associated with sexual violence, date rape, poor sexual decisions as well as accidental injury and death. Alcohol is associated with over 1825 deaths of college students each year.

Chemical dependency is treatable. With an understanding of the disease and its impact on the lives of employees and students, family members and friends can take necessary steps to help reduce enabling behaviors. Staff members at Health Services, Human Resources, the Center for Health Education and Promotion, Title IX Office, Office of Learning Services, and the Center for Counseling and Human Development can provide additional information and services relating to substance abuse, including:

- Accidents due to impaired judgment

- Unwanted sexual activity
- Physical damage to include heart, lung, and liver problems
- Physical and psychological dependence
- Difficulty in learning and attention related to academic success

In addition to offering professional counseling services, the University hires student peer educators, who provide lifestyle change workshops. Workshop topics include a wide variety of wellness-related topics to include mental health, sexual responsibility, stress management, sexual and relationship violence, and substance use and abuse. For more information about drug and alcohol prevention programs, please contact Millersville University's Center for Health Education and Promotion at (717) 871-4141 or visit the web page at www.millersville.edu/chep.

CHEP Website



Alcohol and Other Drug Programs

Resources for Assistance

All students and employees are encouraged to seek early help if they feel they have a problem with alcohol and/or other drugs, and to learn how to assist others with substance abuse concerns. With early assistance it is less likely that serious consequences will result from an alcohol or other drug concern.

There are resources on campus and in the community for assistance. Employees with questions are directed to Human Resources, located in the Dilworth Administration Building, Room 105, 717-871- 4950.

Some other resources include:

- State Employee Assistance Program 1-800-824-4306
- Alcoholics Anonymous - www.aa.org
- Al-Anon - www.nycalanon.org
- Lancaster Crisis Intervention – 717-394-2631
- Narcotics Anonymous - www.na.org
- National Suicide Prevention Lifeline -1-800-SUICIDE (784-2433) or 1-800-273-8255
- National Suicide Prevention – text or call 988
- US Department of Veterans Affairs Educational Services -1-888-442-4551
- US Department of Veterans Affairs (medical care)-1-800-827-1000
- Millersville University Counseling Center – 717-871-7821
- Millersville University Health Services -717-871-5250
- Millersville University Police -717-871-4357
- Center for Health Education and Promotions -717-871-4141

Program Elements

Each year, the University continues efforts educating the community within the area of alcohol and other drugs. Programs and events are tailored and modified every year to meet the needs of MU students. While this is not an exhaustive list, below are several examples of the programs, services, and initiatives sponsored by the University within the area of alcohol and drug education.

CHAMPS

The Center for Health Education and Promotion is invited to present during the spring semester to the first-year student-athletes. The presentation includes information on alcohol and other drugs, being an active bystander and prioritizing mental health. The presentation is specifically tailored with a student-athlete lens to relate the content to their sport and goals.

Policy Education

All student-athletes review and sign-off on the substance use policy through ARMS as well as attend a mandatory compliance meeting prior to the start of the season. In the meeting, the policy is discussed. No student-athlete can participate if they do not complete the form through ARMS and attend the mandatory compliance meeting.

Drug Testing

Athletics conducts suspicion based and random drug testing. Due to COVID-19, the program was not conducted during the Spring 20, 20-21 or 21-22 academic years. Random testing returned for the Fall 2022 and will occur in Spring 2023. Due to funding changes at the university, MU athletics drug testing has not occurred since Spring 2023. The drug testing occurring now is the annual random test from the NCAA that typically targets football, baseball and other sports.

Peer Education

As peers are one of the most significant sources of health information among college students, Millersville University hires, trains and evaluates undergraduate peer educators. In Spring 2024 to Fall 2024, CHEP employed 14 undergraduate peer educators and 4 graduate peer educators. Alcohol and other drug information is infused in sexual and relationship violence and mental health programming efforts. Peer to peer programming takes place through educational outreach, lifestyle programs, and awareness events. Student-athletes and students involved in a fraternity or sorority provide peer to peer programming within their respective communities.

During the Spring 2024 and Fall 2024, AOD peer educator events included Spring Break Bash and Homecoming Pre-Party focusing on how students can have a fun, safe homecoming and spring break while making smart choices to either abstain from using alcohol and other drugs or reduce harm and risk if choosing to consume substances. Peer educator educational tablings included the topics of DUI prevention, using healthy coping skills to manage stress instead of substances, harm reduction strategies, standard size drinks and cannabis education.

Peer educator program presentations include the topics of AOD, mental health and healthy relationships. The AOD program is titled “A Shot of Reality: Alcohol Prevention and Harm Reduction.” As a result of participating in this program students will be able to: Identify standard drink sizes, Define Blood Alcohol Content (BAC) level and tolerance, Identify myths and truths of sobering up, Define alcohol poisoning and know how to respond to it, and Identify ways to consume alcohol in less risky ways.

A graduate-level student Wellness Coach is available throughout the week to provide wellness coaching and refer students to necessary resources including alcohol and other drugs related topics. In Spring 2024 and Fall 2024, CHEP employed one graduate

Wellness Coach. Wellness Coaching is a free service provided to students through the Center for Health Education and Promotion (CHEP). Wellness Coaching is an individualized process for helping students achieve a higher level of wellbeing and performance in their academic pursuits as well as life in general when change is desired, yet difficult to achieve. It empowers students to explore health topics of stress, sleep, social support, and substance use. Students can choose what they want to discuss and which health behaviors they want to set goals around.

In Spring 2024 and Fall 2024, CHEP employed three graduate assistants to assist with leadership, guidance, and training of the peer educators. One of the graduate assistants is dedicated to AOD programming.

Social Programming, Extracurricular, and Recreational Opportunities

The over 180 student clubs, campus recreation, and intercollegiate athletic teams provide a wide range of social and recreation opportunities for the university community. All these activities and any event where funding from the Student Government Association, are alcohol-free with the exception of football games.

MU Employee Wellness Program

The Millersville University Wellness Program has been designed to educate, encourage, and inspire the faculty and staff to achieve and maintain a healthy lifestyle by providing information and resources to promote better overall health and wellness. Some examples, of these initiatives are the Take a Hike program, Dress Red Luncheon for heart health, and the semi-annual wellness fair.

New Employee Orientation

The Office of Human Resources conducts monthly orientation sessions for new employees. State Employee Assistance Program (SEAP) is one of the programs reviewed during the employee benefit presentation, increasing awareness of this valuable resource.

Wellness Fairs

CHEP hosts a semi-annual student, faculty and staff wellness fair. The goal of the wellness fair is to provide education, resources, and services available on-campus and in the local community. The fair broadly encompasses all dimensions of wellness and various health topics. There is also specific education and resources provided on alcohol and other drugs.

In Fall 2023, 653 students, staff and faculty attended the wellness fair with 59 vendor tables present from both the university and community. In Spring 2024, 537 students, staff and faculty attended the wellness fair with 57 vendor tables present from both the university and community. In Fall 2024, 600 students, staff and faculty attended the wellness fair with 52 vendor tables present from both the university and community.

Campus Life Programming

Campus Life provides students with frequent, safe, substance-free, and engaging late night activities that take place during the week and on weekends. Campus Life worked in collaboration with student organizations, campus departments and local businesses to develop and support late night programs. The Department of Campus Life, in partnership with University Activities Board, and student club and organizations provide activities and seeks to educate and empower students to plan and participate in socially responsible programming both on and off campus.

New and Transfer Student Orientation

Incoming students are expected to participate in New Student Orientation. The Millersville Arrival Program (MAP), an online preorientation, shares information about the University alcohol and drug policies and the responsible action policy. It also directs students to the online training provided through Vector LMS, and informs students of the Student Code of Conduct, referencing behavioral expectations. EPPIIC Weekend, a multi-day orientation program at the beginning of the fall semester, offers programs and activities that provide information, education, and assistance in transitioning to Millersville University including programs developed by the Center for Health Education and Promotion related to alcohol and other drugs.

SMC Recreation Center

The SMC Rec Center offers a top-of-the-line facility designed to meet the fitness and wellness needs of students, faculty, staff, and community. Current Millersville University students, faculty, and staff utilize the SMC Rec Center. In addition, community memberships are available for a fee. Student organizations and departments at Millersville University regularly host events, team and organization practices, competitions, fitness classes, wellness and sport sciences academic classes, and educational and promotional tabling within the Rec Center. There were 44,257 patrons in Fall 2023, 41,093 in Spring 2024, and 48,389 in Fall 2024, that visited the SMC Rec Center.

University Housing and Conference Services, Leadership Training and Programming

MU provides leadership positions for over 100 students within the residence halls. These positions include Graduate Assistants, Resident Assistants, and Desk Attendants. All student leaders are required to attend several training sessions before their leadership positions begin and continue throughout the academic year. Specifically for the Graduate Assistants and Resident Assistants, these trainings provide information on health and safety, including information regarding the responsible use of AOD and having a basic knowledge of and be able to refer other students to an appropriate resource for numerous issues, including substance use.

Bystander Intervention

Peer Education interactive programming included bystander intervention strategies. The learning outcome is to assist students in developing skills and confidence to effectively intervene in risky situations. The University utilizes evidence-based Green Dot program.

Wellness 175 Course

This course offers a comprehensive discussion of the dimensions of wellness including such topics as physical fitness, nutrition, psychological well-being, time- and stress-management, STI prevention, sexual violence risk reduction, active bystander interventions, addictive behaviors related to alcohol and other drugs, cultural competence, as well as chronic diseases. Collaboration between Academic and Student Affairs allowed for updating the timing of when the information related to alcohol and other drugs was presented in class. In addition, data from the Student Success portals was utilized to help students learn those areas that were not correctly identified within the portal's posttest. This assisted in providing students with useful skills to appraise risk, reduce harm and understand the effects of alcohol and drug use especially in the context of University life.

Stall Talk

Stall Talk (restroom newsletter) articles are published monthly during the academic calendar and included Alcohol and Other Drug and Social Norm information.

Drug and Alcohol Facts Week & Alcohol Awareness Month Activities

To address the increased risk of dangerous drinking and drug use on college campuses, CHEP provides two full weeks of programming targeting prevention and harm reduction of AOD. Events and programs include mocktail lounges for alcohol education, late night munchies for cannabis education and lunch and learns AOD themed.

Dissemination of Drug Free Schools Report

Pertaining to Drug Free Schools and regulations (Edgar Part 86) information, Millersville University disseminates and ensures receipt of related policy/information to students on an annual basis. This process is conducted by notification twice a year through distribution of email. If individuals do not acknowledge the receipt and understanding, reminder emails are sent monthly until the individual completes.