A: In the next edition of Stall Talk

Q: True/False: Genital Herpes is contagious.

LAST EDITION:

In addition to Gonorrhea and Chlamydia testing, Health Services offers 4 different STI tests through the Center for Disease Detection. If you would like to perform or showcase an art piece, please send a copy of your work to JusticeLeague@millersville.edu. "There is no elevator to success — you have to take the stairs." ~ Anonymous

STOP.PREVENT.FIX ‘Ville Title IX

Mu Responsible Action Policy

It is imperative that medical attention be sought should concerns arise for one’s own safety or the safety of others. This policy is intended to increase the reporting of incidents requiring emergency assistance during a life-threatening or alcohol related illness and will in turn result in increased safety for students and the campus community.

Policy:

As such, medical amnesty is in effect to ensure those students who seek assistance for another individual who may have consumed excessive alcohol will turn to the appropriate personnel to seek emergency medical assistance without fear of being cited by the police and/or facing University charges for violation of Student Code of Conduct, if:

1. The only way law enforcement officers or University officials became aware of the person’s violation of the Student Code of Conduct is because the person placed a 911 call, or a call to campus safety, police or emergency services, in good faith, based on a reasonable belief and reported that another person was in need of immediate medical attention to prevent death or serious injury.

2. The person reasonably believed he/she was the first person to make a 911 call or a call to campus safety, police or emergency services, and report that a person needed immediate medical attention to prevent death or serious injury.

3. The person provided his/her own name to the 911 operator or equivalent campus safety, police or emergency officer.

4. The person remained with the person needing medical assistance until emergency health care providers arrived and the need for his presence had ended.


True or false? Alcohol affects you more quickly when mixed with carbonated/cofated beverages or mixers?

Answer: TRUE.

Caffeine doesn’t reduce the effects of alcohol. It actually speeds up respiration and heartbeat which sends it off to the brain faster. It also keeps us awake longer which often increases our BAC (blood alcohol content). Carbonated beverages increase the rate of alcohol absorption. Caffeine and alcohol’s combined diuretic effects cause the pounding headache that accompanies your hangover. Hydrate, Hydrate, Hydrate and be smart when you socialize.

If you have any questions or wish to know more about the real deal about your relationship with AOD, take the alcohol or eTOKE Self-Assessment on the Counseling Center webpage at Millersville.edu/counsel or contact the AOD Guy at John.Baltzer@millersville.edu or call at 871-7821.

CALLING ALL MILLERSVILLE STUDENTS!

The 2nd Annual Body Monologues are taking place on Thursday, April 26, 2018, from 7-9 pm in the SMC MPR. We invite you to an evening of visual art, music, spoken word, dance, and other types of high performance to discuss topics such as self-image, self-esteem, body image, the media, self-care, and love.

We are looking for writers, artists, and performers - and we want YOU to answer the call! Original and covers of songs, poems, monologues, art pieces, dances, poems are all welcome.

If you would like to perform or showcase an art piece, please send a copy of your piece by April 11th to chelp@millersville.edu

Sign up today! The first 100 students to hand in a completed entry will become a part of the event, and will have the opportunity to build their own Self-care kit, with materials provided, and a custom drawstring bag.

We can’t wait to see you there!

- The Body and Mind Peer Educators

Volume 11 / Spring 2018
Editor: Center for Health Education and Promotion staff

Coming Attractions!

Love Your Selfie
Mar. 1; Outside Bookstore; 12 p.m.–1 p.m.

Body and Mind Marauder Mondays
Mar. 5; Outside Bookstore; 11 a.m.–12 p.m.

Prescription Drug Abuse Wellness Wednesday
Mar. 7; Outside Bookstore; 11 a.m.–1 p.m.

Safe-Spring Break table
Mar. 9; Outside Bookstore; 11 a.m.–1 p.m.

Mental Health Outreach
Mar. 8; 12 p.m.–1 p.m.

Minding Your Mind
Mar. 8; SMC 202; 6 p.m.

Drinking and Driving Outreach
Mar. 20; 12 p.m.–1 p.m.

Stress Ball Wellness Wednesday
Mar. 21; Outside Bookstore; 12 a.m.–1 p.m.

Sex and Pizza TedTalk
Mar. 22; South Suites; 6 p.m.

News You Can Use:

Stall Talk by the Numbers: 32

The average number of teeth in an adult human’s mouth.

Source: http://www.cdc.gov/nchs/nhanes/mouth-and-teeth-anatomy/article/how-many-teeth-do-we-have-0113

The average number of adults attending an event.


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