GYT — Getting Yourself Tested

1. You’re thinking it’s time to talk about STIs and getting tested with your partner, but when you try to do it, no time like the present, bring it up the next time you have time with each other. The only way you will know is if you get tested.
2. Your friend mentions getting himself/herself tested for STIs. You should think...
3. Good for them for taking control of their sex life. Getting tested for STIs shows that a person is responsible and taking charge of their sex life. It’s nothing to be ashamed of!
4. You hear a rumor going around that someone you know has an STI. Your response should be...
5. I can’t believe people are talking about him/her like that. STIs are really common and having one does not make you a bad person. No one should be defined by an STI.
6. You are going in for a checkup with your doctor and think it is a good time to talk about getting yourself tested. You should...

A health professional can also be a resource in helping you make this decision.

For more information, visit loveisrespect.org

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Testicular Cancer

Testicular cancer is the most common cancer in men ages 20 to 35 years.

Risk factors for testicular cancer include:
- An undescended testicle
- An abnormal development of the testicles
- A personal history of testicular cancer
- A family history of testicular cancer (especially in father or brother)

Signs and symptoms include swelling and discomfort in the scrotum, a painless lump or swelling in either testicle, a change in how the testicles feel, a dull ache in the lower abdomen or the groin, and a sudden build-up of fluid in the scrotum. Even though cases of testicular cancer have doubled in the last forty years, the number of deaths caused by testicular cancer has decreased greatly because of treatments. There are treatments for each stage of the disease and testicular cancer can usually be cured, even in late stages of the disease. Ask your doctor about how to conduct a routine testicular self-examination at your next appointment.


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Millersville University
Select the Opportunity

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Wellness Wednesdays:

AOD
Oct. 20; Montour House; 11 a.m.–1 p.m.
K9’s Angels
Nov. 4; Montour House; 11 a.m.–1 p.m.

Project Condom
Nov. 10, SMC MPR; 7 p.m.

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Millersville University

Trivia Question

Q: Pennsylvania’s main agricultural export is what?  
Source: triviacountry.com

A: In Next Issue of Stall Talk!

Last Week’s Answer: In 1879 — by Chase & Sanborn

Stall Talk 5 by the Numbers:
The number of times a person will walk around the campus in the average lifetime.

source: http://www.cs.cmu.edu/~bogeh/

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News You Can Use:

If you drank 6 keg cups of beer from 9 p.m.–12 a.m. on Friday and Saturday you consumed 6 pints each day.
If you are a 140-pound female your BAC would be .16.
If you are a male who weighed 180 your BAC would be .13.

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BE VIGILANT!

Learn how to do a correct breast self-exam — it’s a lifelong skill that may save YOUR LIFE.

WOMEN AND MEN — visit the Dana and Martha Breast Cancer Awareness Center in the Health Services Building.